



# Bermuda 1-2 Race Preparations METOC Considerations

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Preparation is Everything !!!

*Races are lost on the water*

*Anon...*

# What is Weather ?

**Weather... n** .....

: the state of the atmosphere with respect to heat or cold, wetness or dryness, calm or storm, clearness or cloudiness

..... Webster

or Alternatively ..... **A Collision of Air Masses**

**Air mass .... n** .....

a body of air extending hundreds or thousands of miles horizontally and sometimes as high as the stratosphere and maintaining as it travels nearly uniform conditions of temperature and humidity at any given level

..... Webster

“Except for man himself, the weather is probably the most variable, unreliable, and fluctuary phenomenon of which human intelligence has dared to attempt a science”

*Malkus, 1962*



**WHY ?**

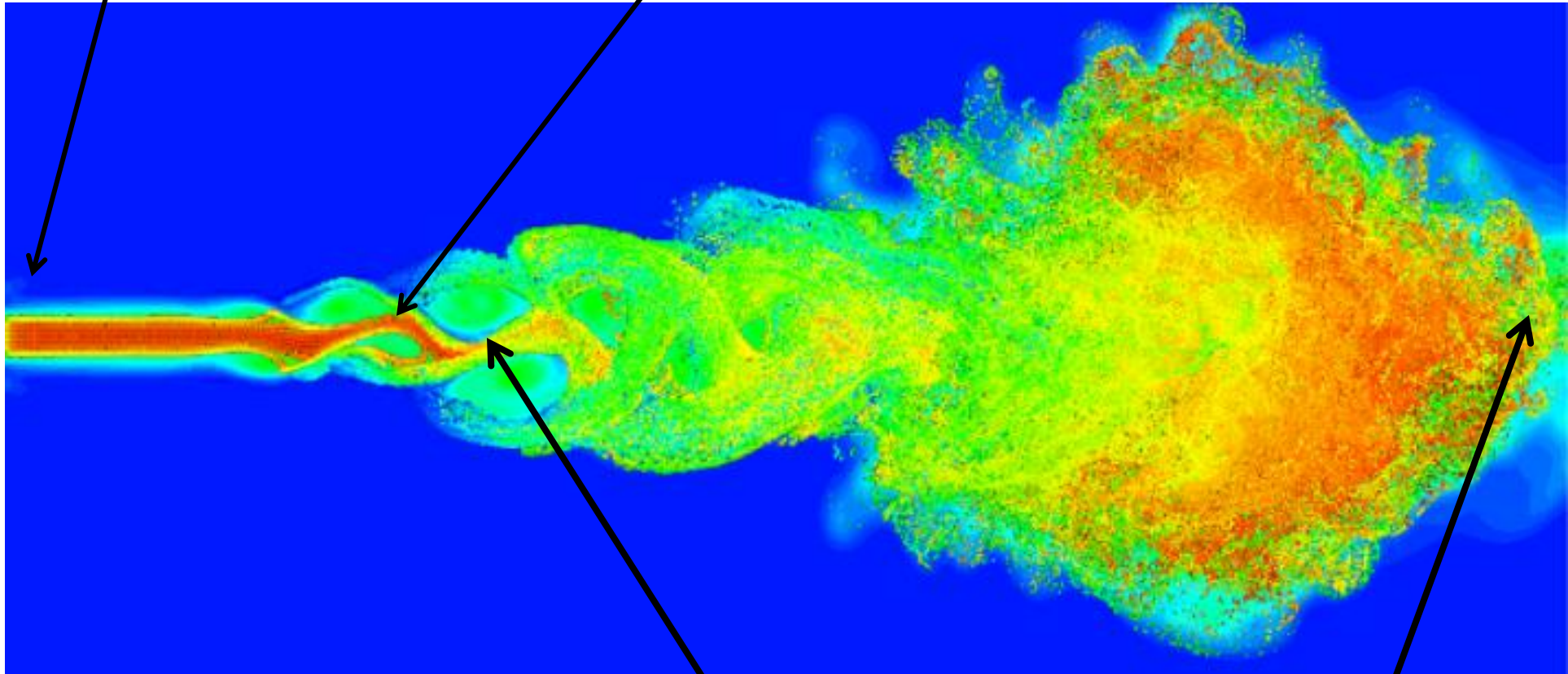




The Challenge is that Atmospheric Flows are  
Fundamentally Turbulent .....

Displays significant variability in space and time  
on scales of hundreds of km to the atomic

Laminar region (Deterministic)

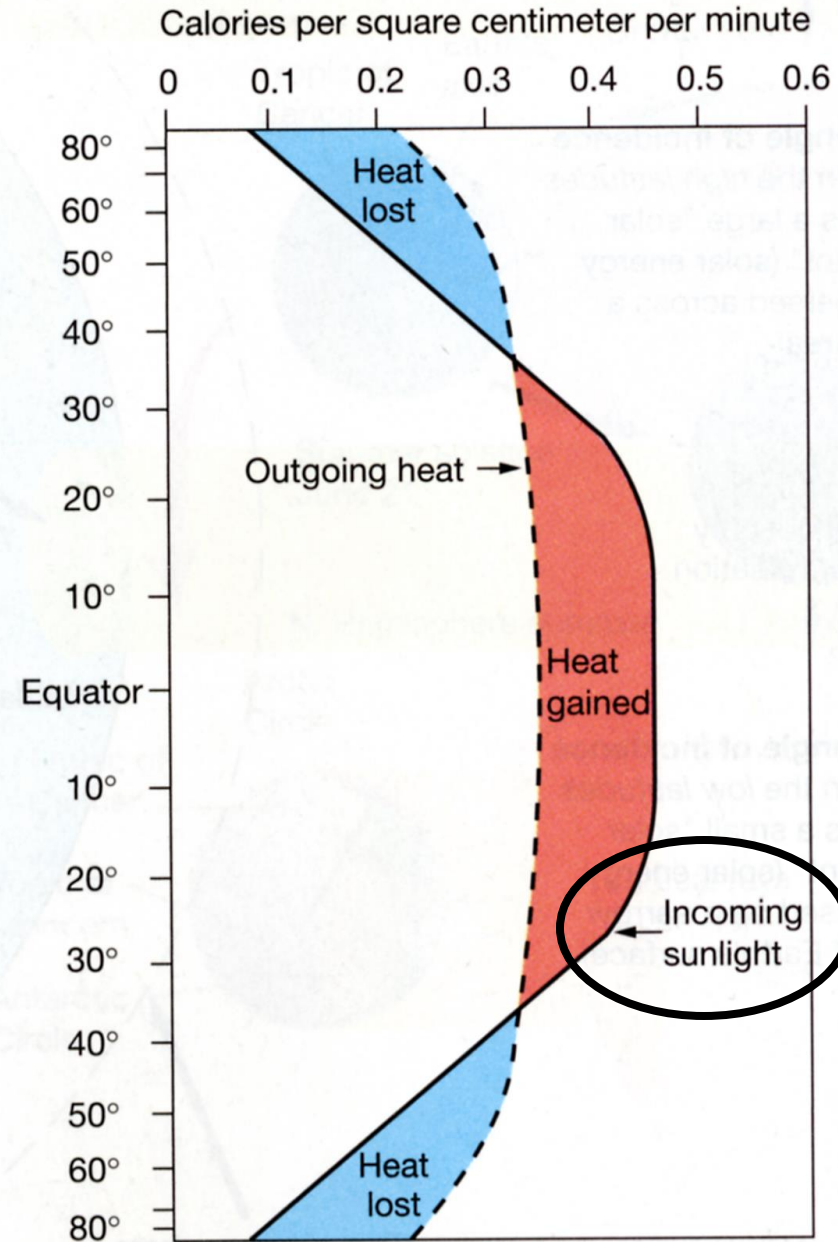


*"Big whirls have little whirls,  
That feed on their velocity;  
And little whirls have lesser whirls,  
And so on to viscosity."  
Richardson....*

(Probabilistic) Turbulent Region



# *The Fundamental Issue*



# The Atmospheric Engine

“The Refinery”



“The Pipeline”



“The Engine”

Wind

“The Fuel”

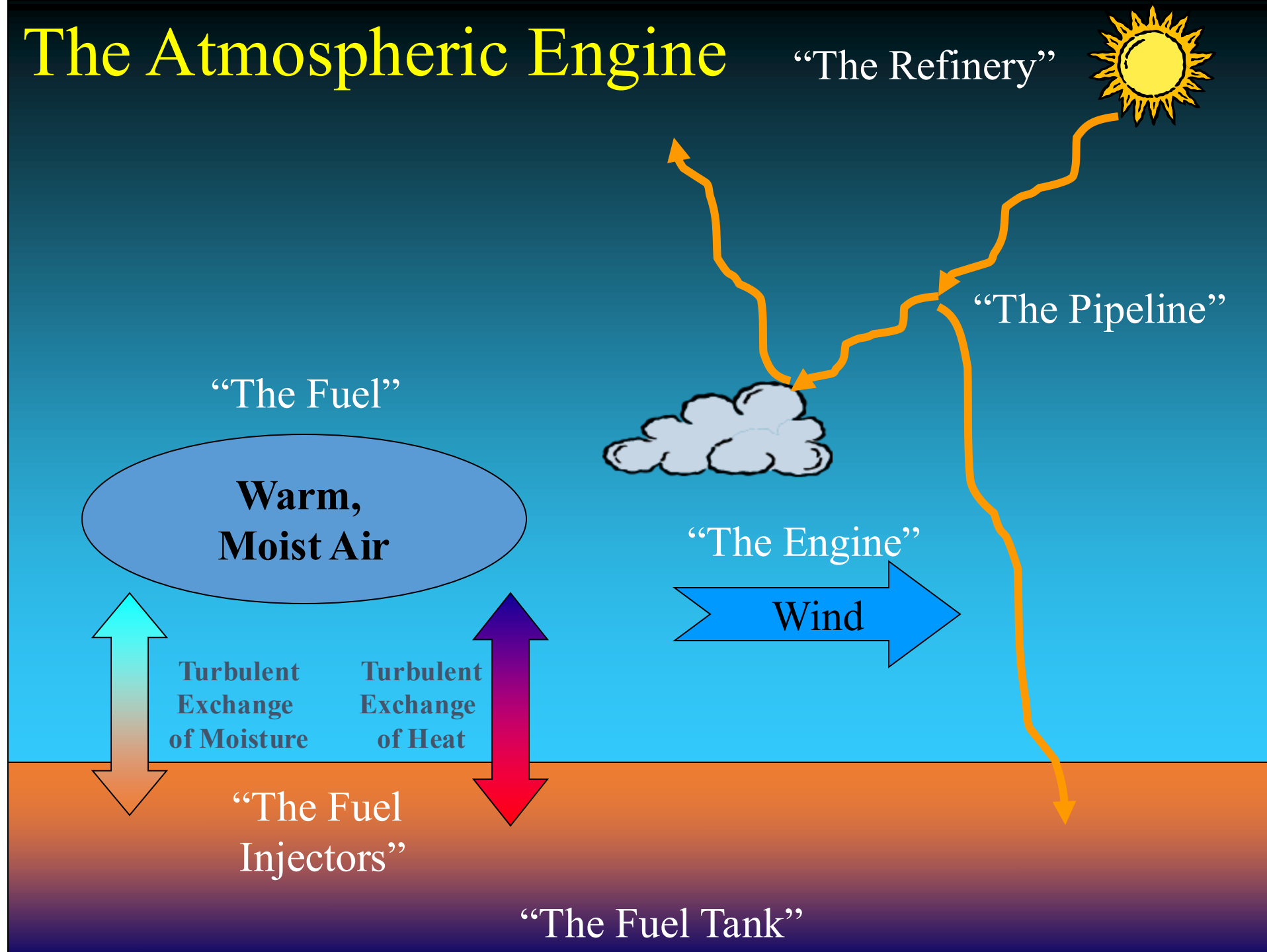
**Warm,  
Moist Air**

Turbulent  
Exchange  
of Moisture

Turbulent  
Exchange  
of Heat

“The Fuel  
Injectors”

“The Fuel Tank”



# The Atmospheric Engine

“The Refinery”



“The Pipeline”

“The Fuel”

**Warm,  
Moist Air**

“The Engine”

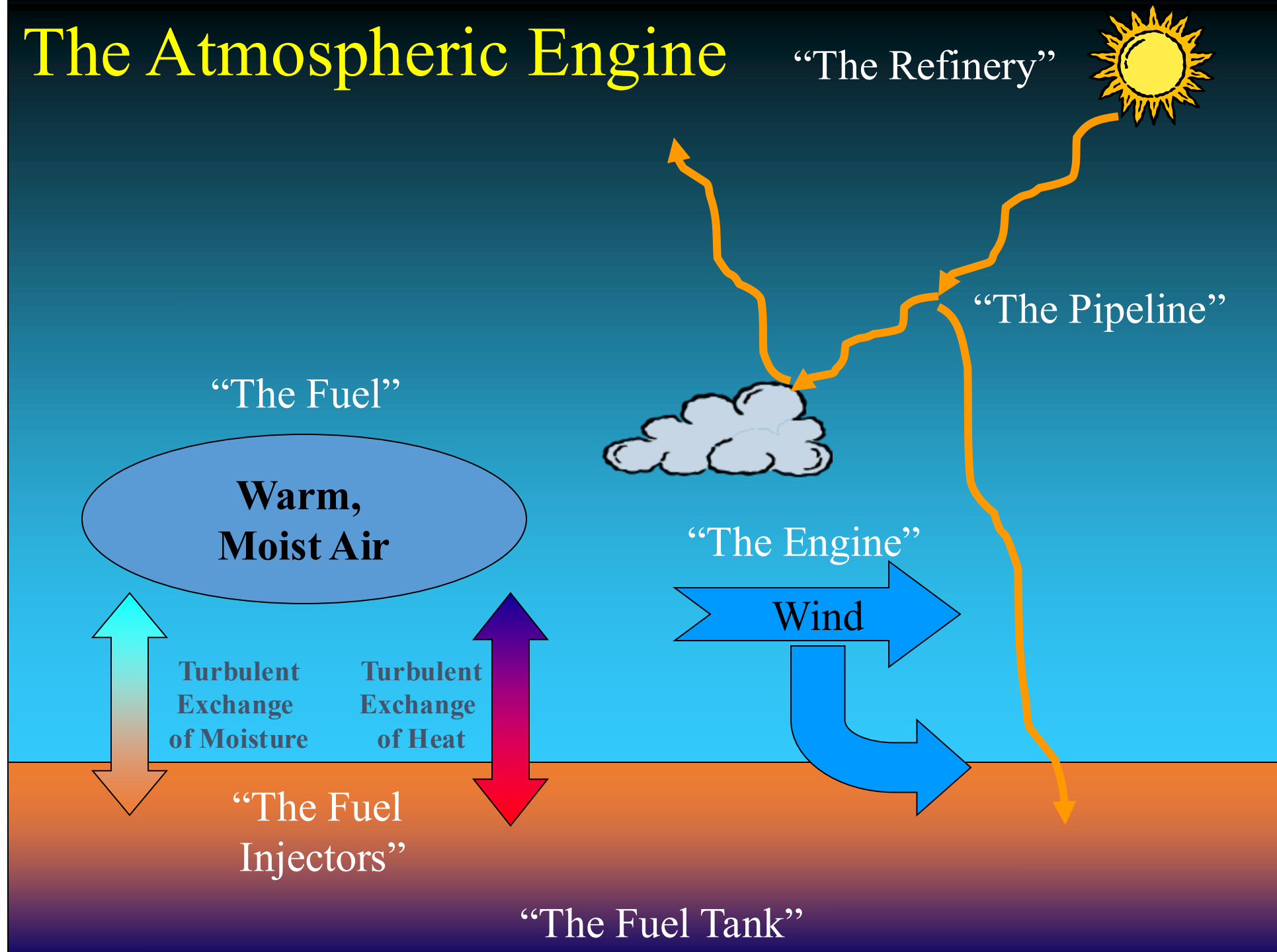
**Wind**

**Turbulent  
Exchange  
of Moisture**

**Turbulent  
Exchange  
of Heat**

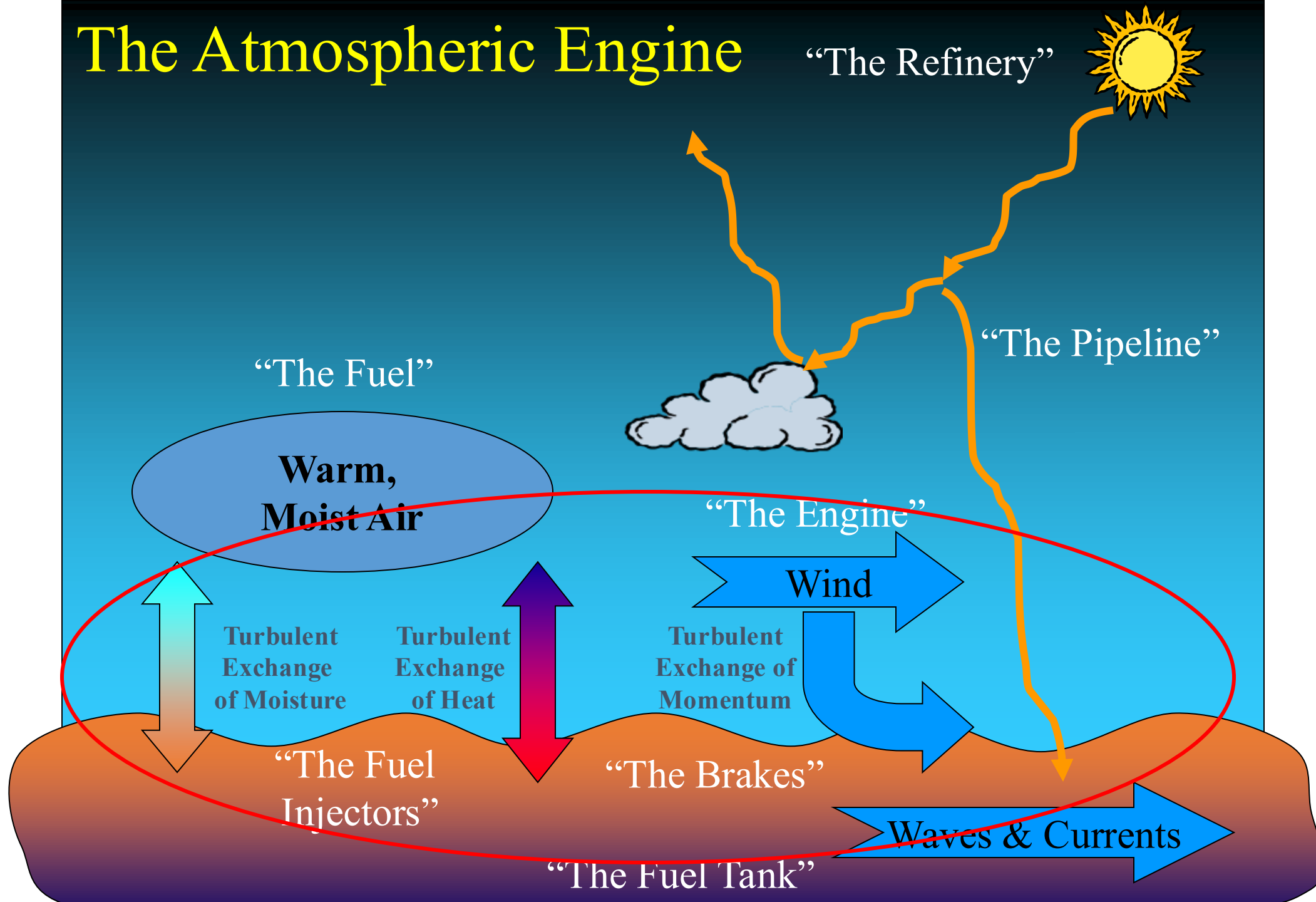
“The Fuel  
Injectors”

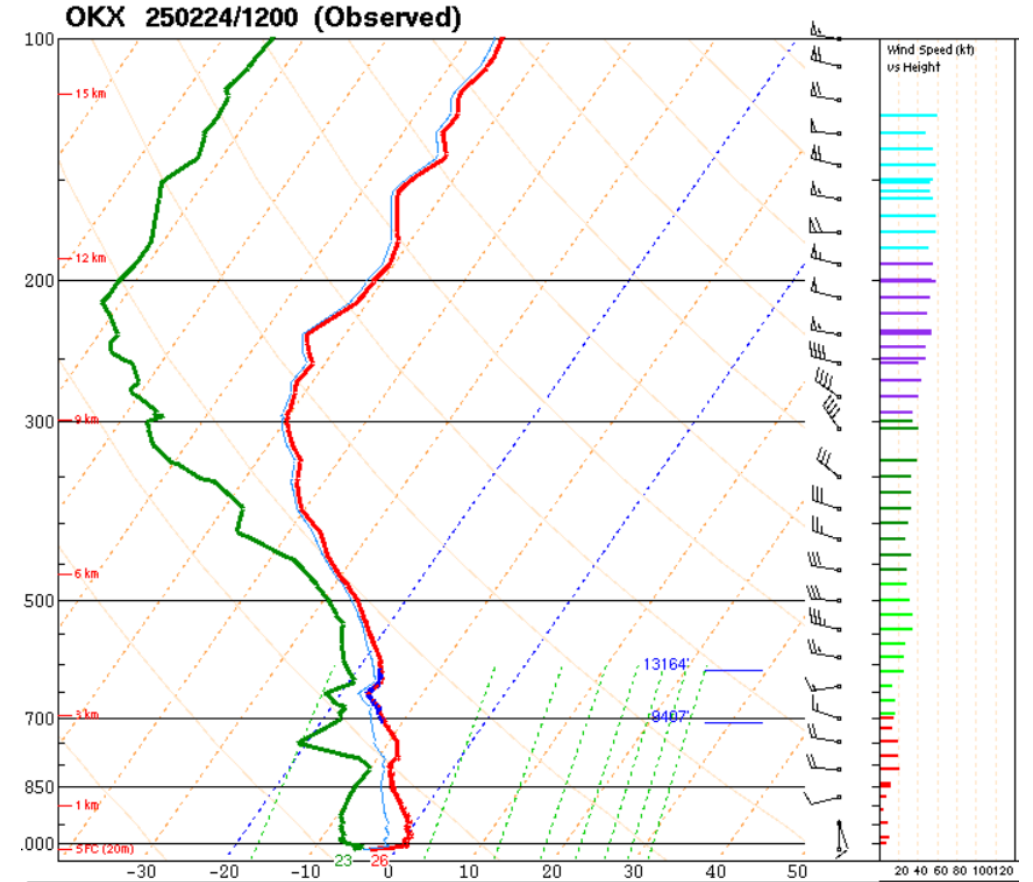
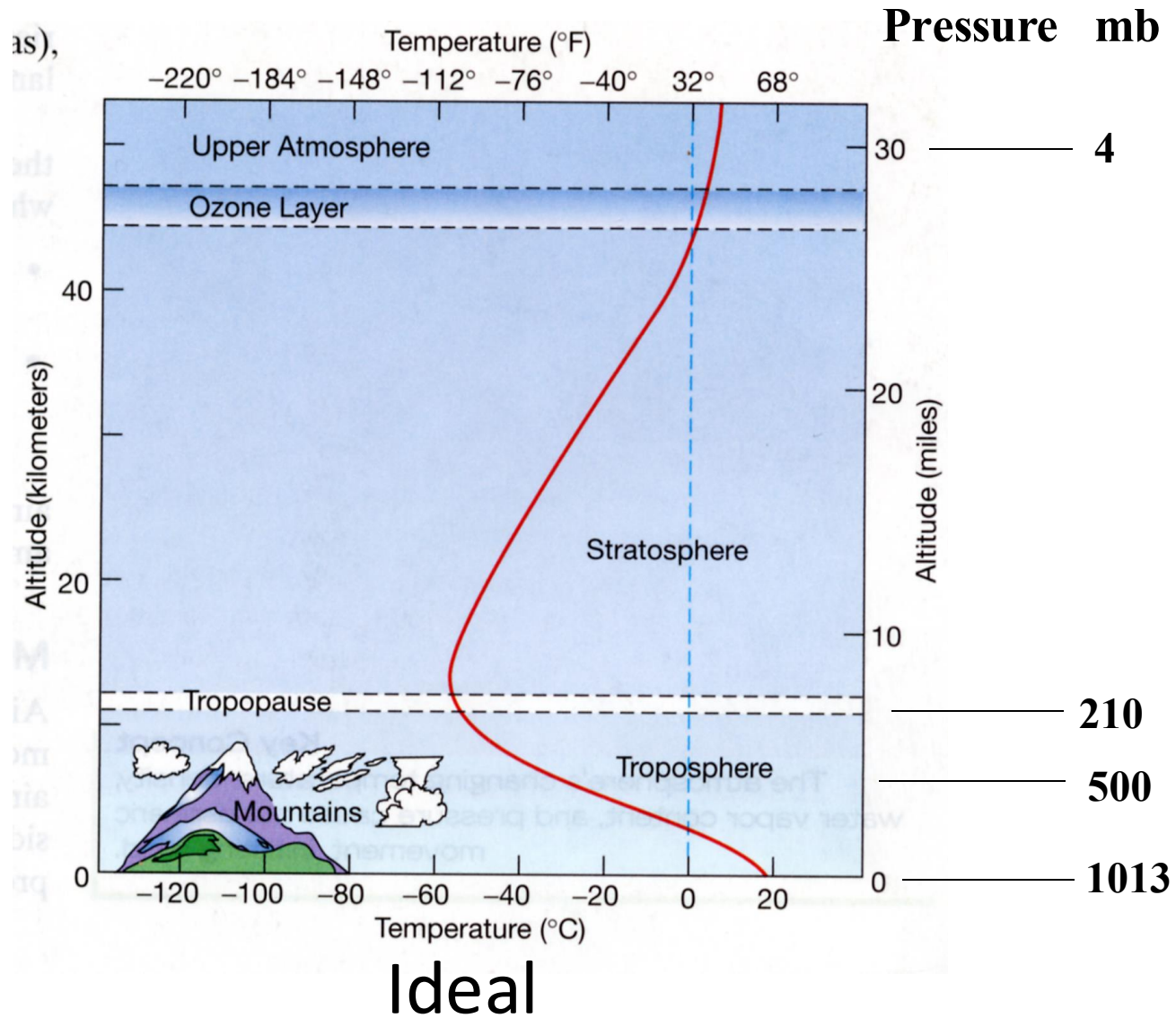
“The Fuel Tank”



# The Atmospheric Engine

“The Refinery”

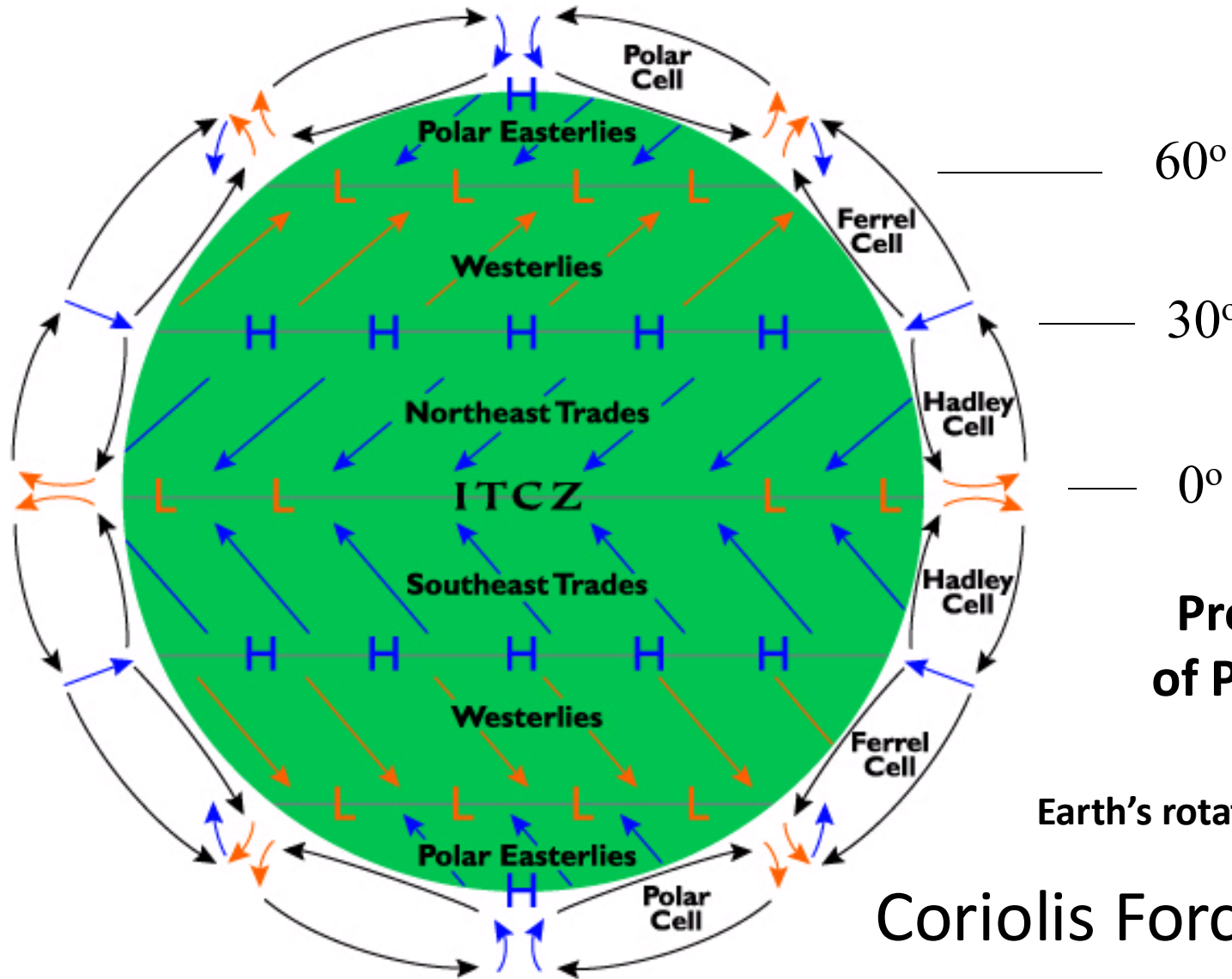




1013.25 millibar (mb) = 29.92 inches (in) of mercury (Hg) = 76 centimeter (cm)



# *The Effects all acting on the surface of a rotating spheroid*



Produced by the interaction  
of Pressure forces and Coriolis

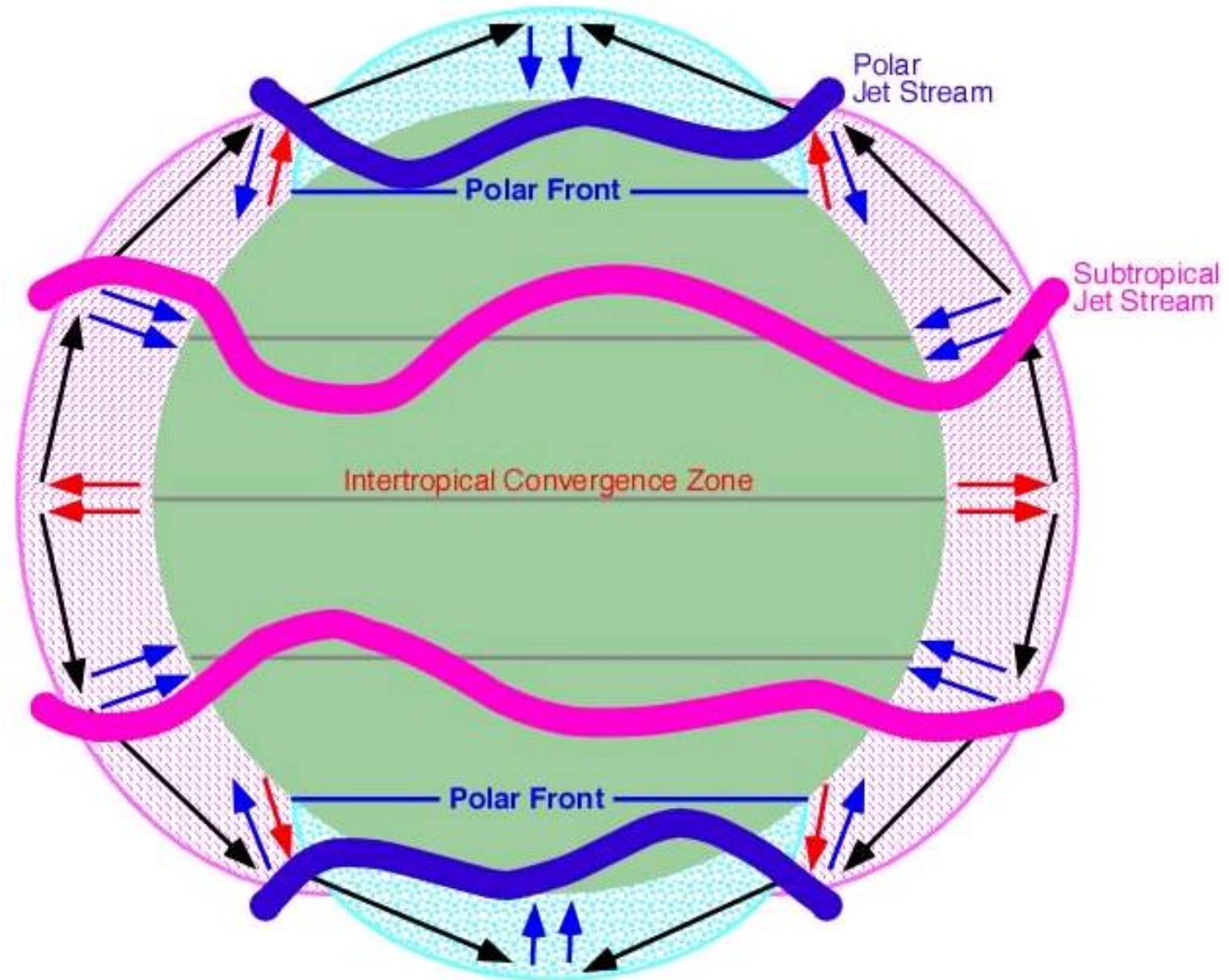
Earth's rotation

Latitude

$$\text{Coriolis Force} = 2\Omega \sin \phi \times \text{Speed}$$

*Are Three Dimensional !!*





*Consider Atmospheric Implications of Coriolis Force Variations*

The diagram illustrates the development of a wave cyclone in two parts: an Upper-Level Chart and a Surface Map.

**Upper-Level Chart:** Shows air flow patterns with a high (H) and a low (L). Key features include:
 

- Convergence:** Air flows from the upper ridge towards the upper trough.
- Divergence:** Air flows away from the upper trough towards the next upper ridge.
- Cold advection:** Indicated by a purple shaded area moving towards the trough.
- Warm advection:** Indicated by an orange shaded area moving away from the trough.
- Vertical motions:** Blue arrows show sinking cold air from the upper trough down to the surface. Red arrows show rising warm air from the surface up to the upper ridge.

**Surface Map:** Shows the interaction of cold and warm air masses at the surface. Key features include:
 

- Fronts:** A cold front (blue line with triangles) and a warm front (red line with semicircles) are shown moving together.
- Pressure:** Rising pressure is associated with the cold front, while falling pressure is associated with the warm front.
- Clouds and Precipitation:**
  - Clearing skies:** Associated with the cold front.
  - Showers:** Associated with the cold front.
  - Clouds increasing:** Associated with the warm front.
  - Precipitation:** Associated with the warm front.
  - Falling pressures:** Associated with the warm front.
  - Clouds thickening:** Associated with the warm front.
  - Cirrus clouds:** Associated with the warm front.
  - Winter snow:** Associated with the cold front.
- Vertical motions:** Red arrows show rising warm air from the surface up to the upper ridge. Blue arrows show sinking cold air from the upper trough down to the surface.

**Figure 13.10 Summary:** The diagram shows the relationship between upper-level and surface features. The upper-level trough and ridge are associated with vertical motions (sinking cold air and rising warm air). The surface low and associated fronts (cold and warm fronts) are associated with various weather conditions (clouds, precipitation, pressure changes, and fronts).

Summary of clouds, weather, and vertical motions associated with a developing wave cyclone.

## Upper Level Trough & Ridge

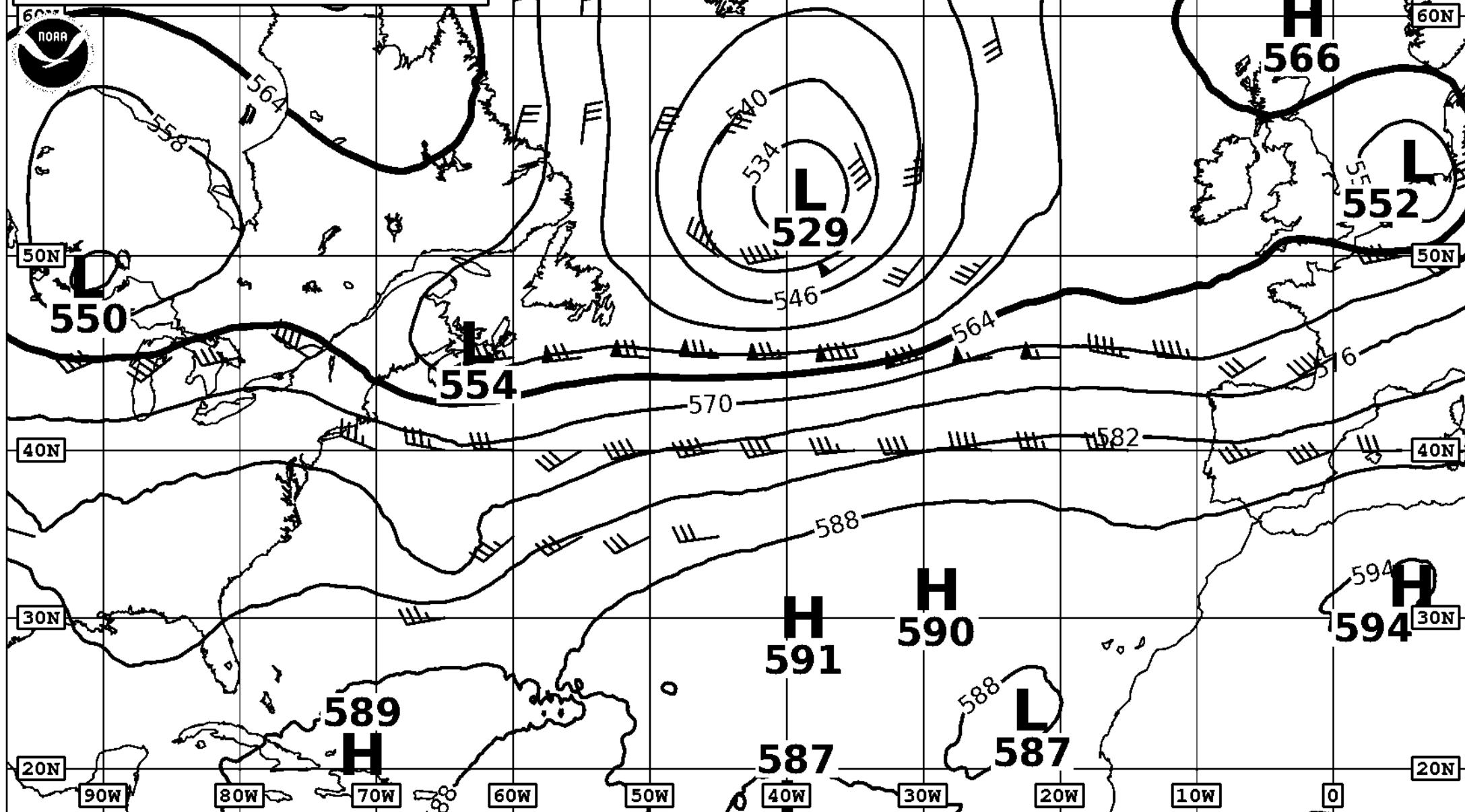
## Vertical motions

## Surface Low and Associated Fronts

Courtesy of Lee Chesneau

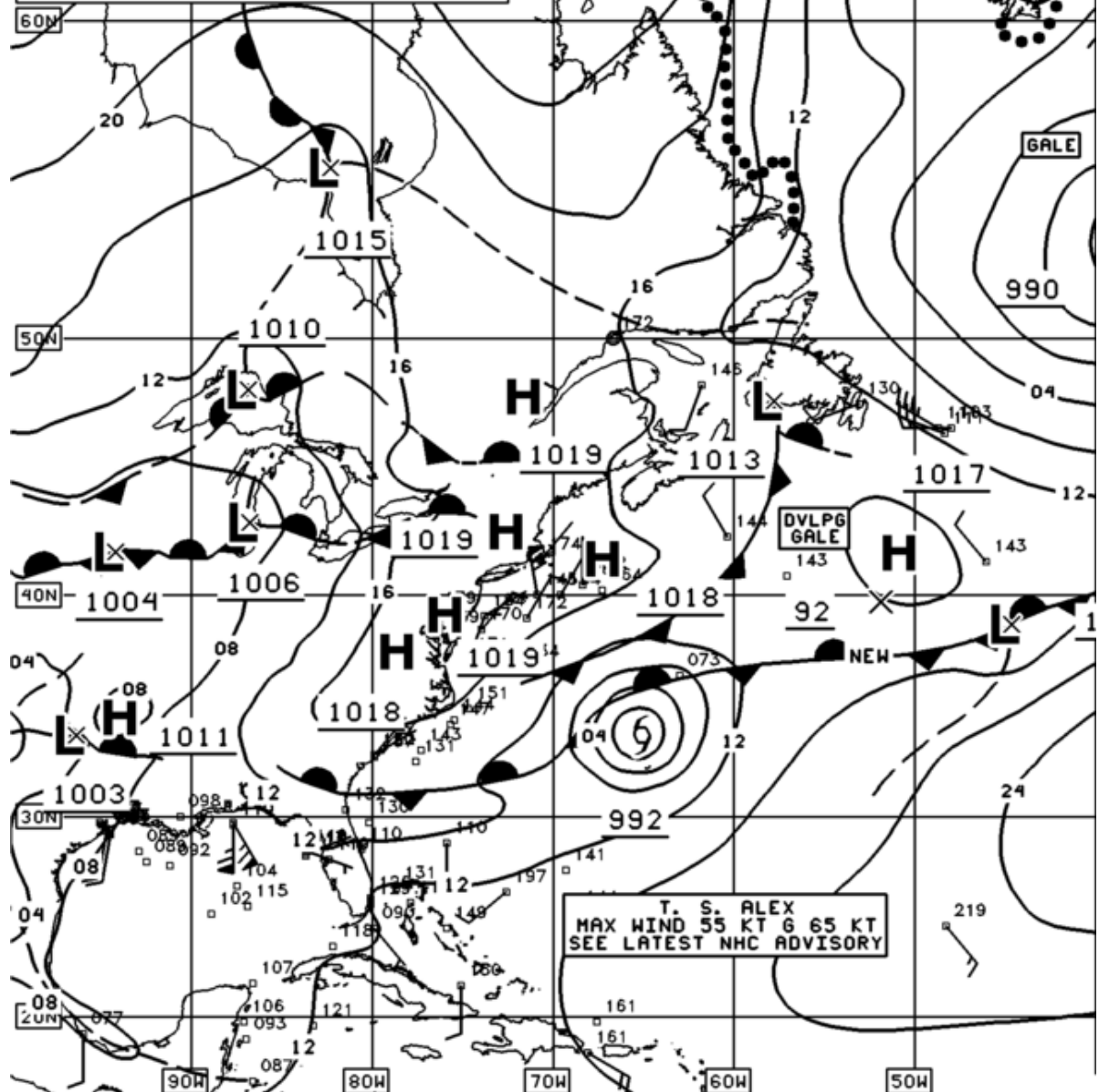
*Undulating motions of upper-level fronts produces ridges and troughs. Ridges support surface high pressure systems and troughs support surface low pressure systems*

00-HOUR 500 MB FORECAST  
ISSUED: 17:19 UTC 06 JUN 2022  
VALID: 12:00 UTC 06 JUN 2022  
DATA: GFS 12 UTC 06 JUN 2022



ATLANTIC SURFACE ANALYSIS  
ISSUED: 14:46 UTC 06 JUN 2022  
VALID: 12:00 UTC 06 JUN 2022  
FCSTR: NOLT  
SOURCES: OPC NHC WPC

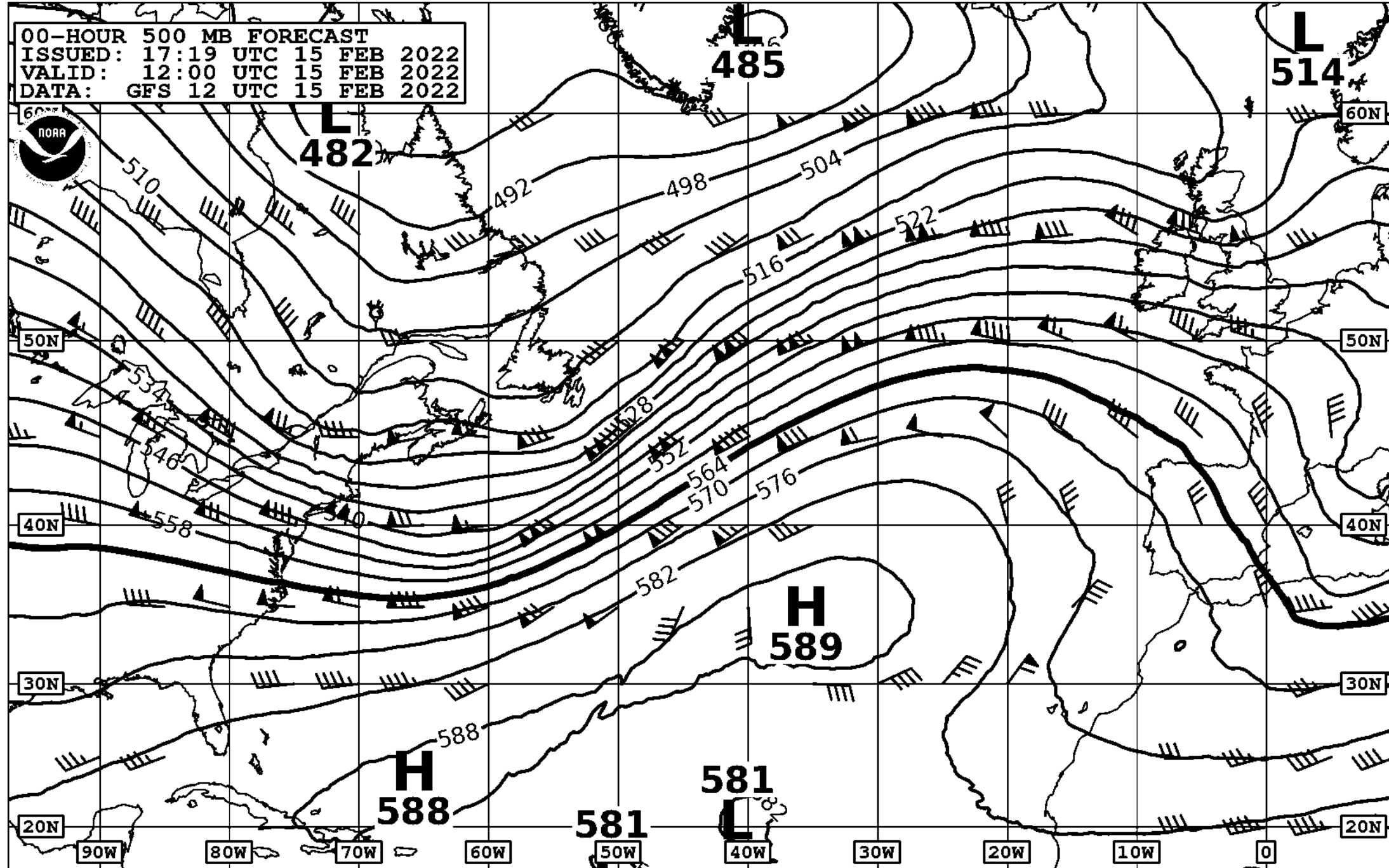
FORECAST TRACKS ARE FOR VALID TIME + 24 HOURS.  
WARNING LABELS ARE FOR HIGHEST CONDITIONS FROM  
VALID TIME THROUGH 24 HOURS.



T. S. ALEX  
MAX WIND 55 KT G 65 KT  
SEE LATEST NHC ADVISORY

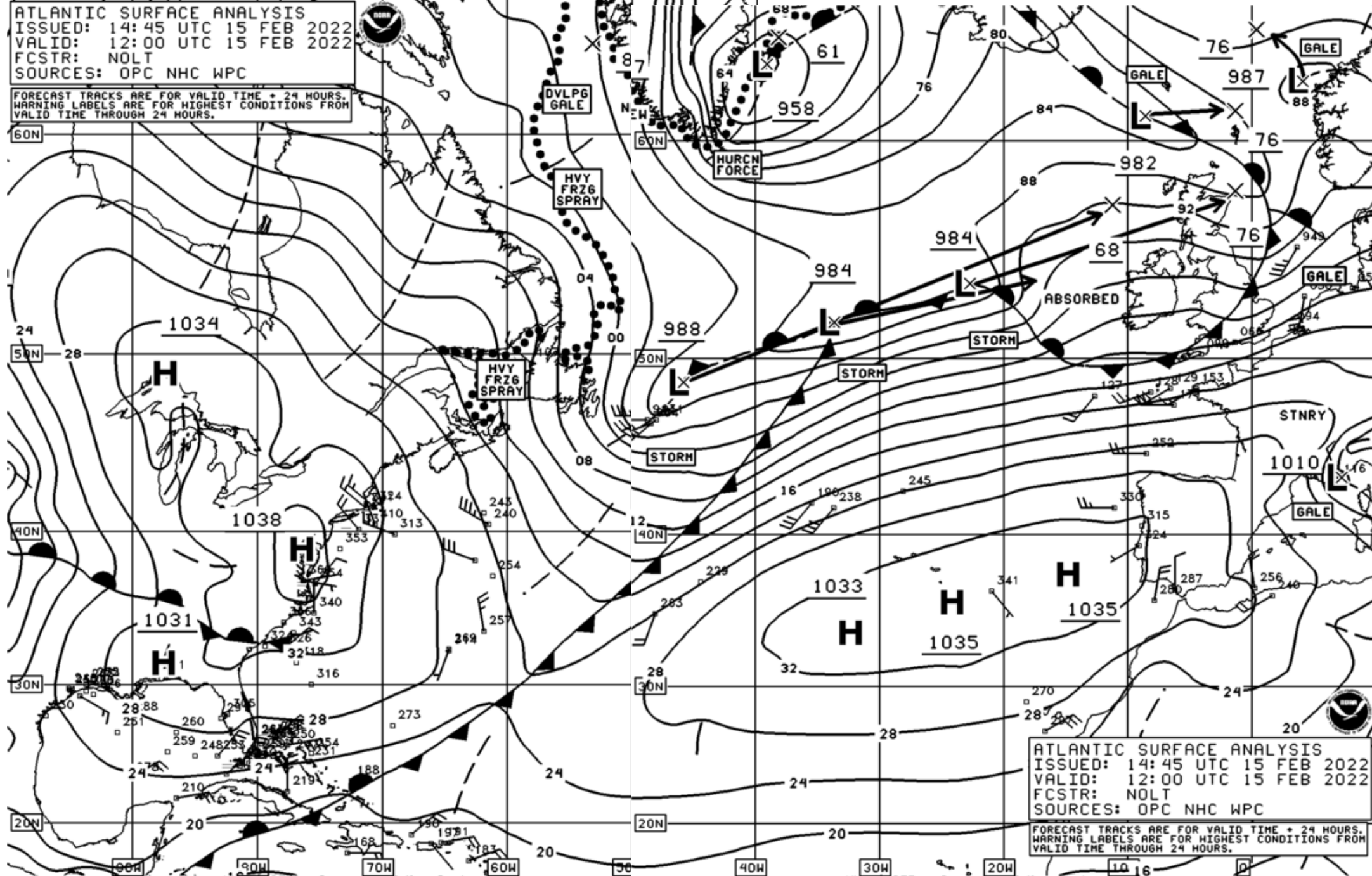


00-HOUR 500 MB FORECAST  
ISSUED: 17:19 UTC 15 FEB 2022  
VALID: 12:00 UTC 15 FEB 2022  
DATA: GFS 12 UTC 15 FEB 2022



ATLANTIC SURFACE ANALYSIS  
ISSUED: 14:45 UTC 15 FEB 2022  
VALID: 12:00 UTC 15 FEB 2022  
FCSTR: NOLT  
SOURCES: OPC NHC WPC

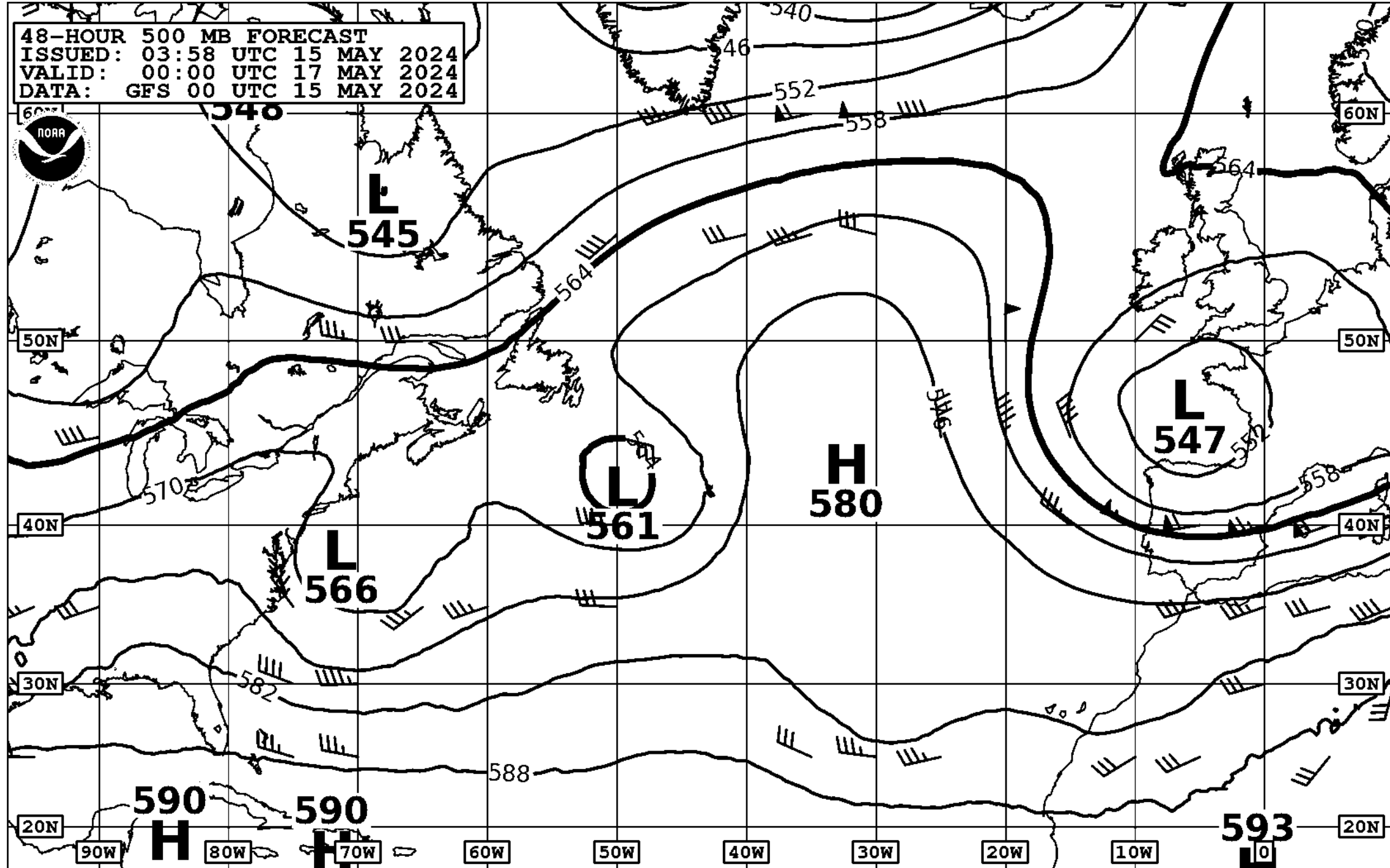
FORECAST TRACKS ARE FOR VALID TIME + 24 HOURS.  
WARNING LABELS ARE FOR HIGHEST CONDITIONS FROM  
VALID TIME THROUGH 24 HOURS.



ATLANTIC SURFACE ANALYSIS  
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VALID: 12:00 UTC 15 FEB 2022  
FCSTR: NOLT  
SOURCES: OPC NHC WPC

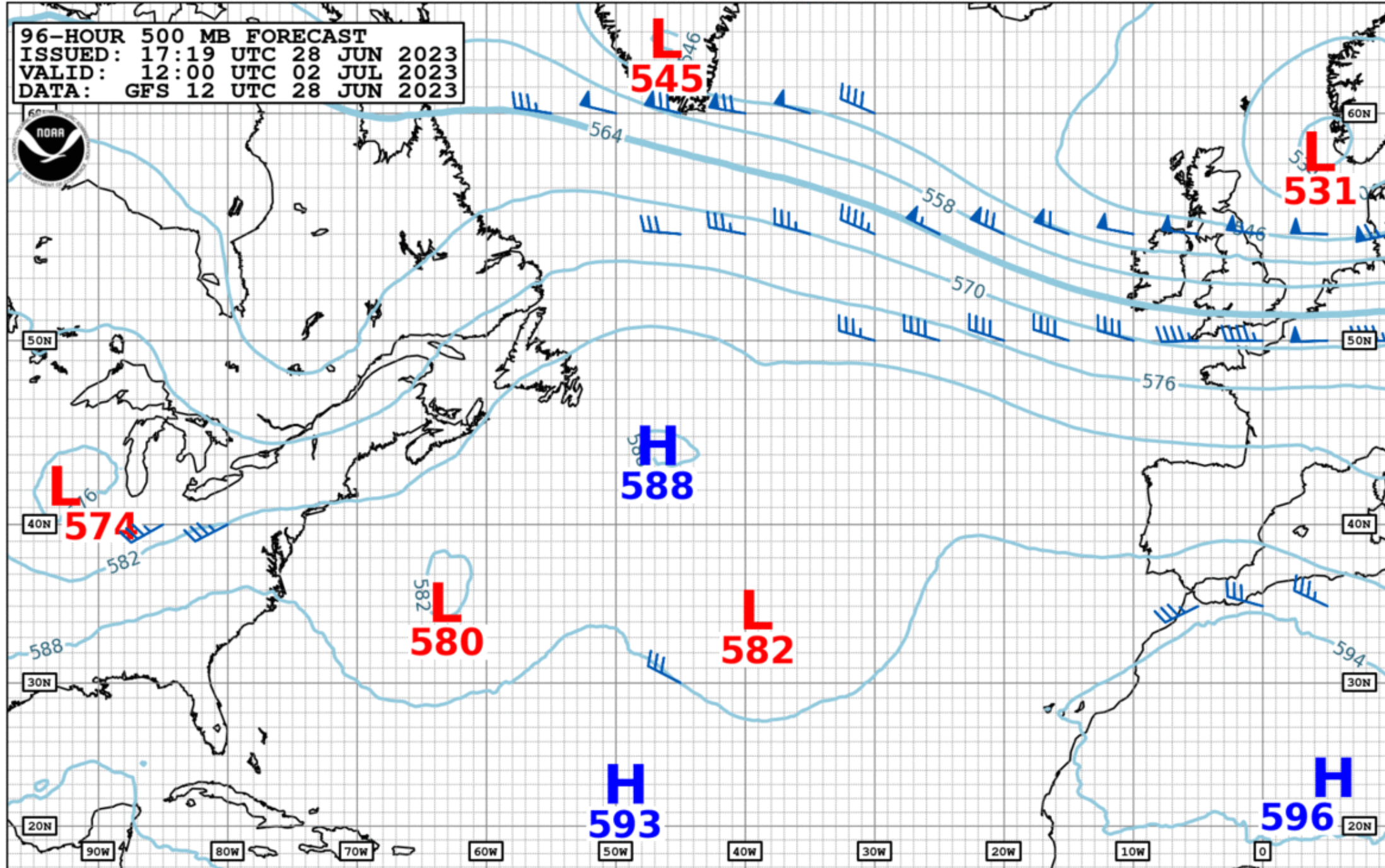
FORECAST TRACKS ARE FOR VALID TIME + 24 HOURS.  
WARNING LABELS ARE FOR HIGHEST CONDITIONS FROM  
VALID TIME THROUGH 24 HOURS.

48-HOUR 500 MB FORECAST  
ISSUED: 03:58 UTC 15 MAY 2024  
VALID: 00:00 UTC 17 MAY 2024  
DATA: GFS 00 UTC 15 MAY 2024

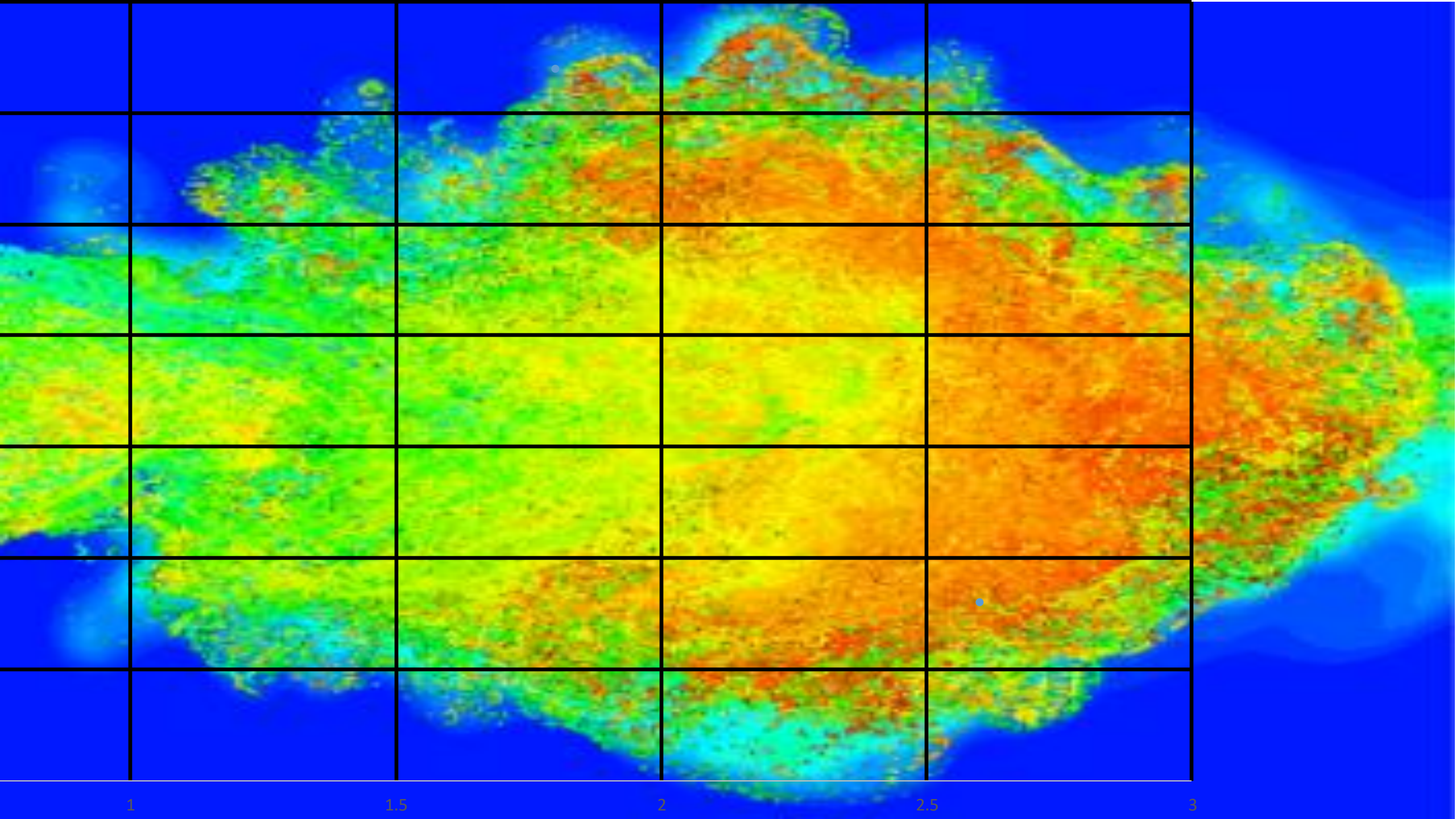




96-HOUR 500 MB FORECAST  
ISSUED: 17:19 UTC 28 JUN 2023  
VALID: 12:00 UTC 02 JUL 2023  
DATA: GFS 12 UTC 28 JUN 2023







# Meteorological Forecast Models

- **Global Forecast System (GFS)** (<https://www.ncei.noaa.gov/products/weather-climate-models/global-forecast>)

The GFS model is a coupled, hydrostatic, global weather forecast model run four times a day on a horizontal resolution of **13 km** reported at **25km**

- **Global Ensemble Forecast System (GEFS)**

The GFS model run 31 times to produce an ensemble of forecasts to quantify uncertainty. **GEFS runs four times each day with forecast going out to 35 days** with a **25km** horizontal resolution

- **Integrated Forecast System (IFS)** ([Forecasts | ECMWF](#))

IFS is a global, non hydrostatic, forecast model referred to as the ECMWF or “Euro” model.

**The Hi-Res version runs every 6 hours out to 10 days providing 9km resolution.**

**A 51 member ensemble is run every 12hrs out to 15 days with a 18km resolution.**

- **Unified Model (UKMET)**

An operational model system run in a number of configurations. The global version provides forecasts out to 7 days on a resolution of 16 km for the ensemble

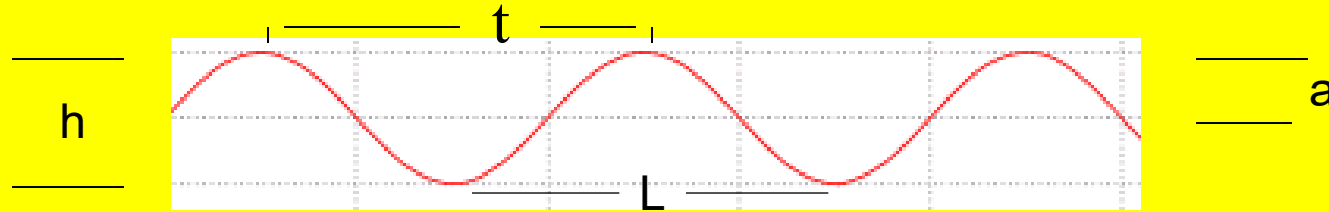
- **High Resolution Rapid refresh (HRRR)** (<https://www.spc.noaa.gov/exper/hrrr/>) is an hourly updated updated assimilation and model forecast system, based on the WRF (Weather Research and Forecasting) model which provides **3 km** resolution out to approximately 31 hours





Surface waves

# Winds produce Waves !

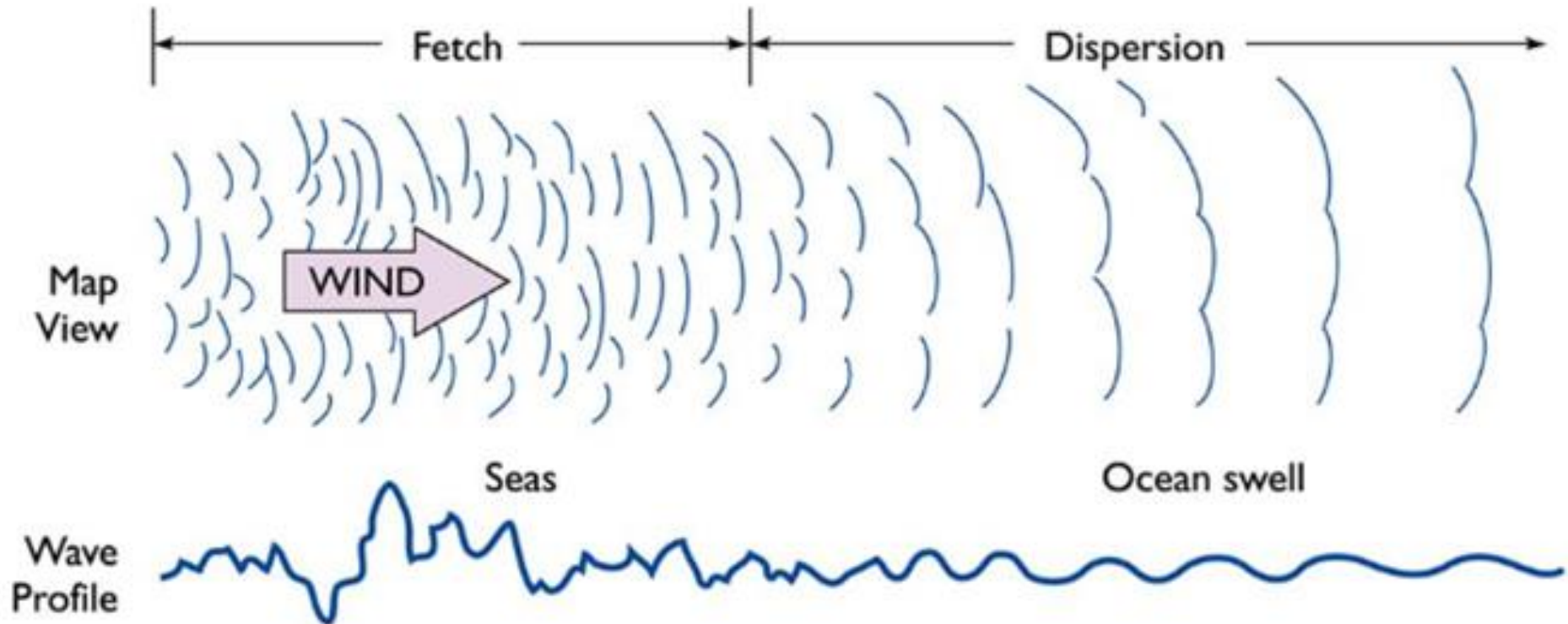


The size (heights and lengths) of wind waves depends on

- *Wind Speed* and direction
- *Duration*
- *Fetch* – overwater distance on which wind acts

***The result is a variety of waves of differing lengths and heights !***

# Deep Water Transformations



$C$  = Speed of Advance = Celerity

$$C = \sqrt{gL/2\pi}$$

$g$  = Acceleration of Gravity

$$L = 5.12 T^2$$

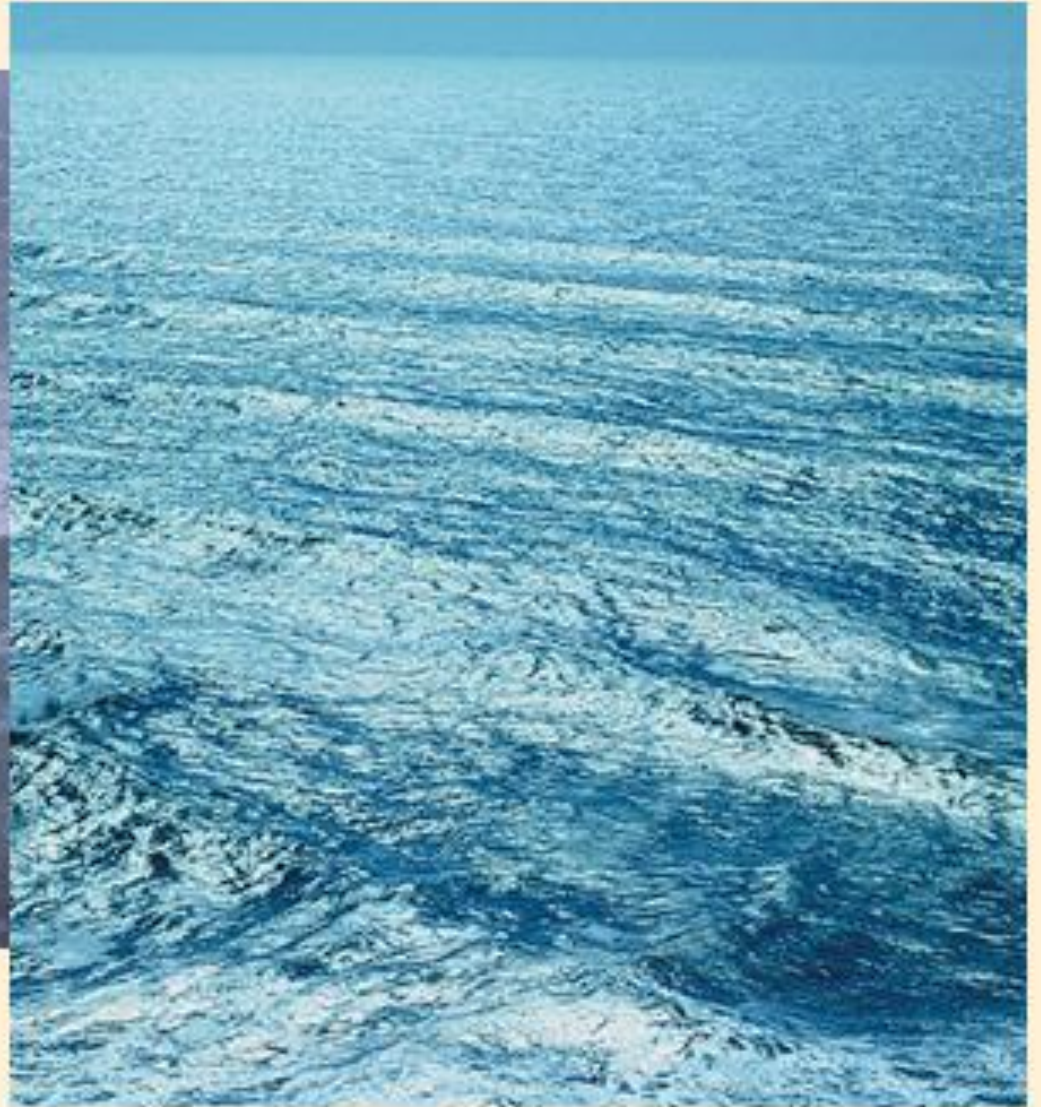
$T$  = Wave Period in sec.



Chaotic seas  
inside fetch area.



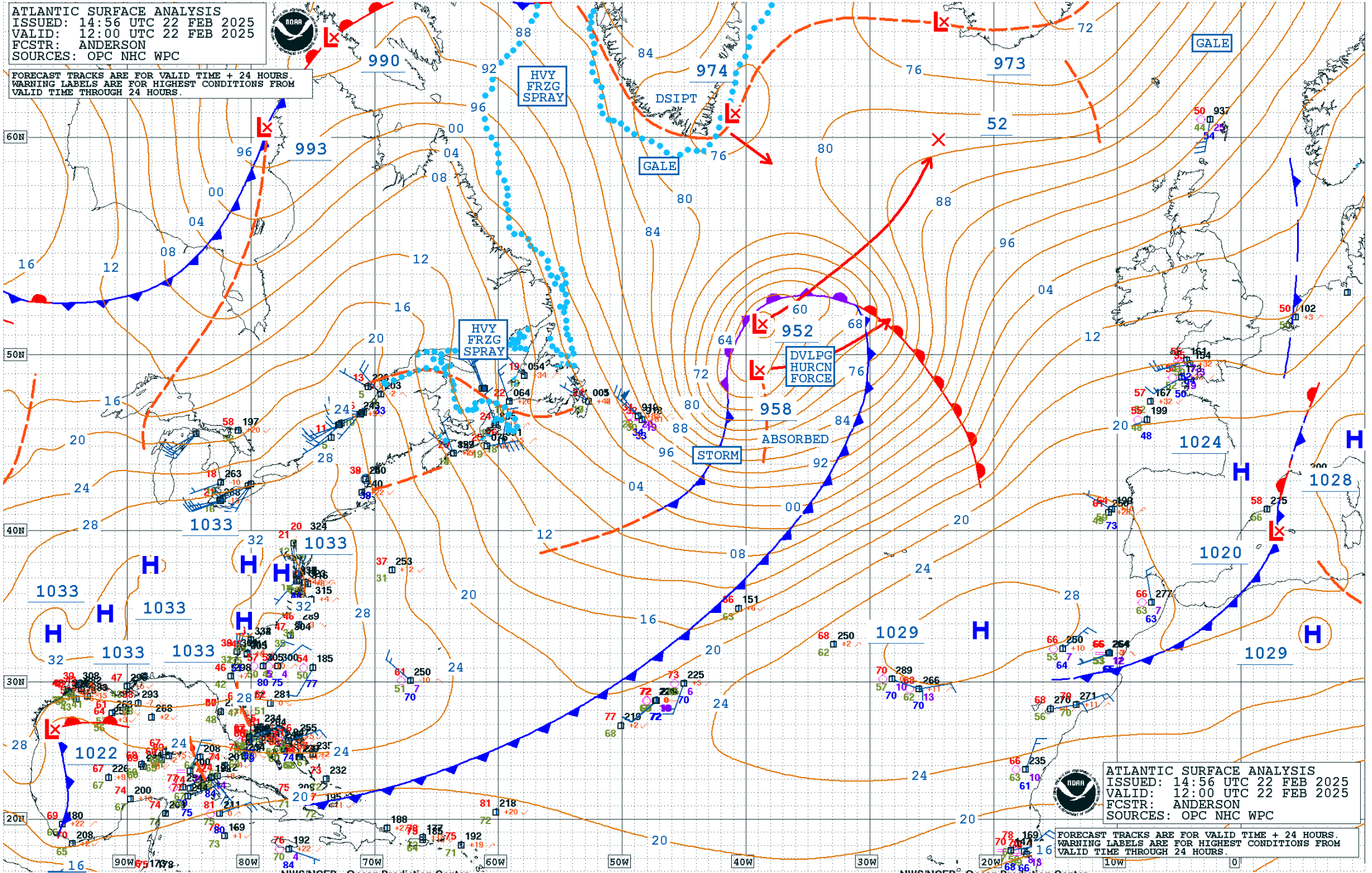
Swells: wave  
type found  
outside the fetch.





ATLANTIC SURFACE ANALYSIS  
ISSUED: 14:56 UTC 22 FEB 2025  
VALID: 12:00 UTC 22 FEB 2025  
FCSTR: ANDERSON  
SOURCES: OPC NHC WPC

FORECAST TRACKS ARE FOR VALID TIME + 24 HOURS.  
WARNING LABELS ARE FOR HIGHEST CONDITIONS FROM  
VALID TIME THROUGH 24 HOURS.



ATLANTIC SURFACE ANALYSIS  
ISSUED: 14:56 UTC 22 FEB 2025  
VALID: 12:00 UTC 22 FEB 2025  
FCSTR: ANDERSON  
SOURCES: OPC NHC WPC

FORECAST TRACKS ARE FOR VALID TIME + 24 HOURS.  
WARNING LABELS ARE FOR HIGHEST CONDITIONS FROM  
VALID TIME THROUGH 24 HOURS.

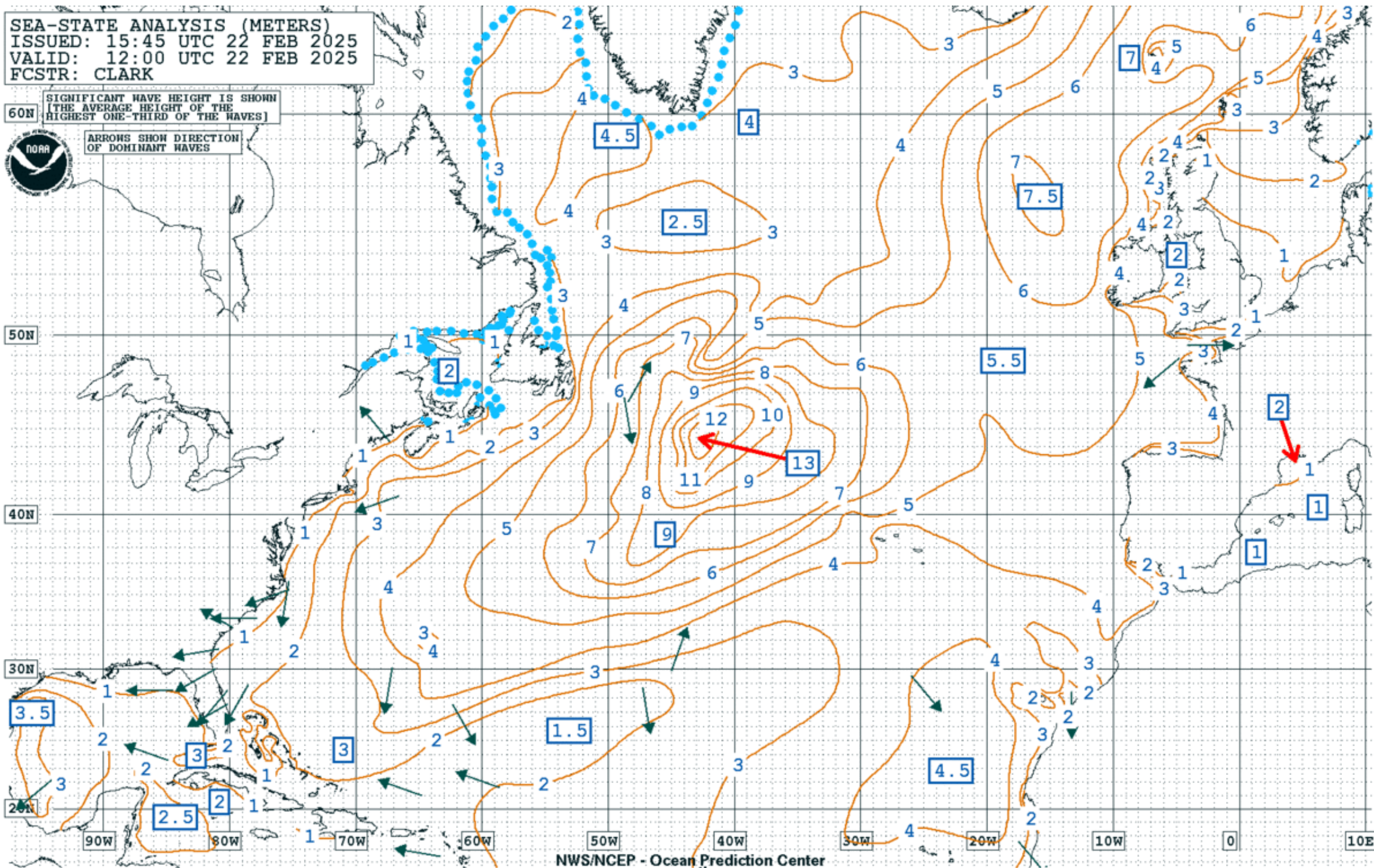


SEA-STATE ANALYSIS (METERS)  
ISSUED: 15:45 UTC 22 FEB 2025  
VALID: 12:00 UTC 22 FEB 2025  
FCSTR: CLARK

SIGNIFICANT WAVE HEIGHT IS SHOWN  
[THE AVERAGE HEIGHT OF THE  
HIGHEST ONE-THIRD OF THE WAVES]

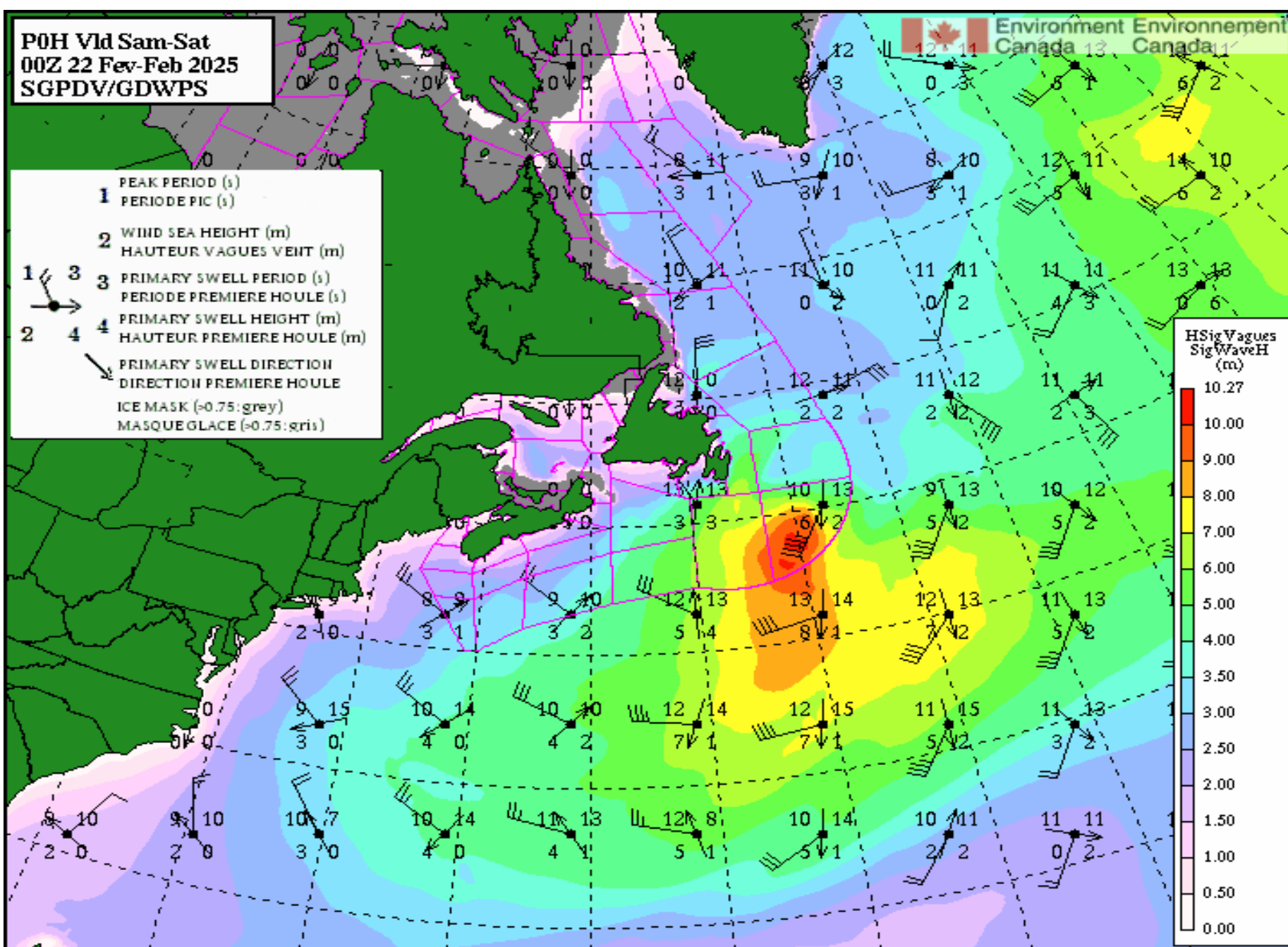


ARROWS SHOW DIRECTION  
OF DOMINANT WAVES

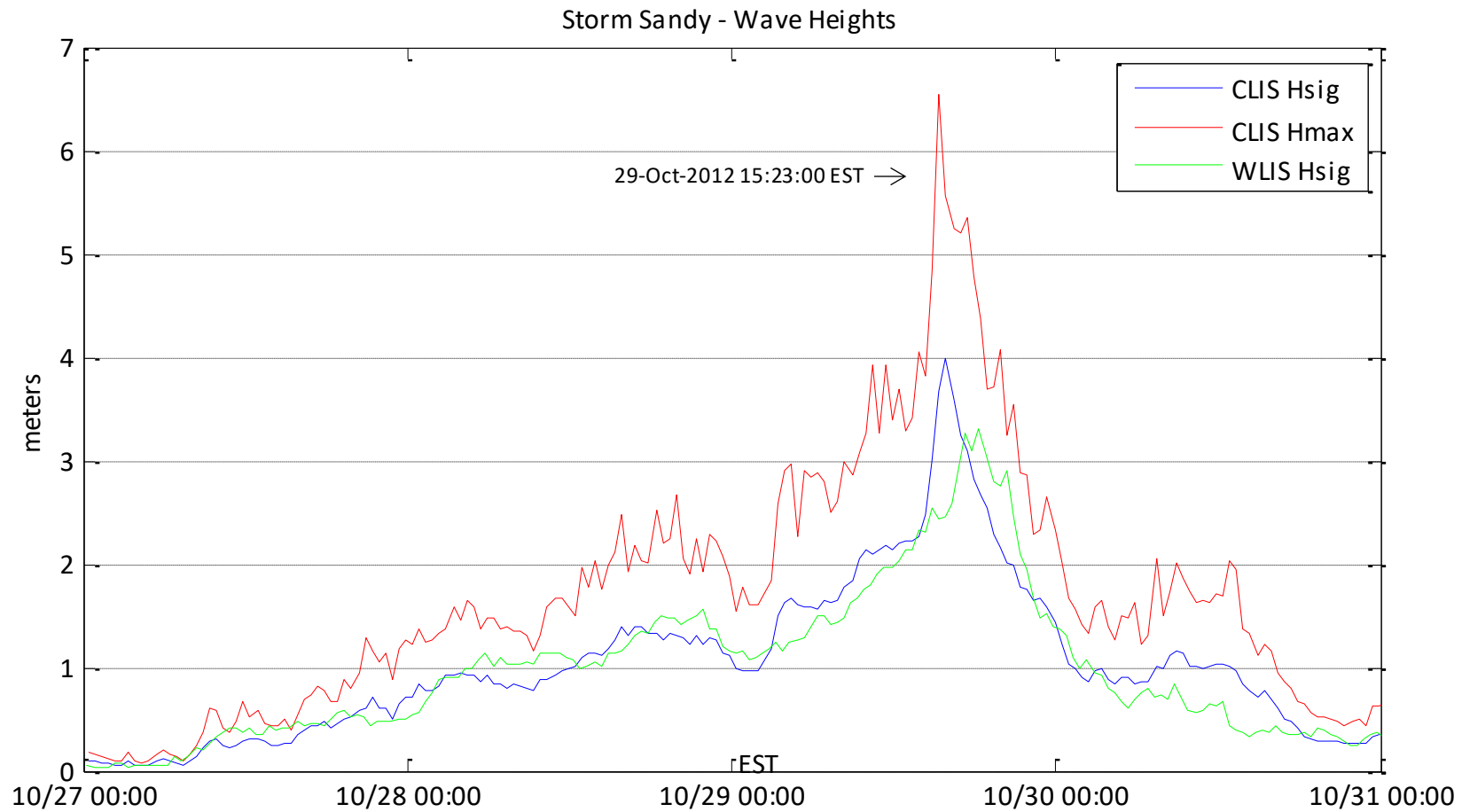




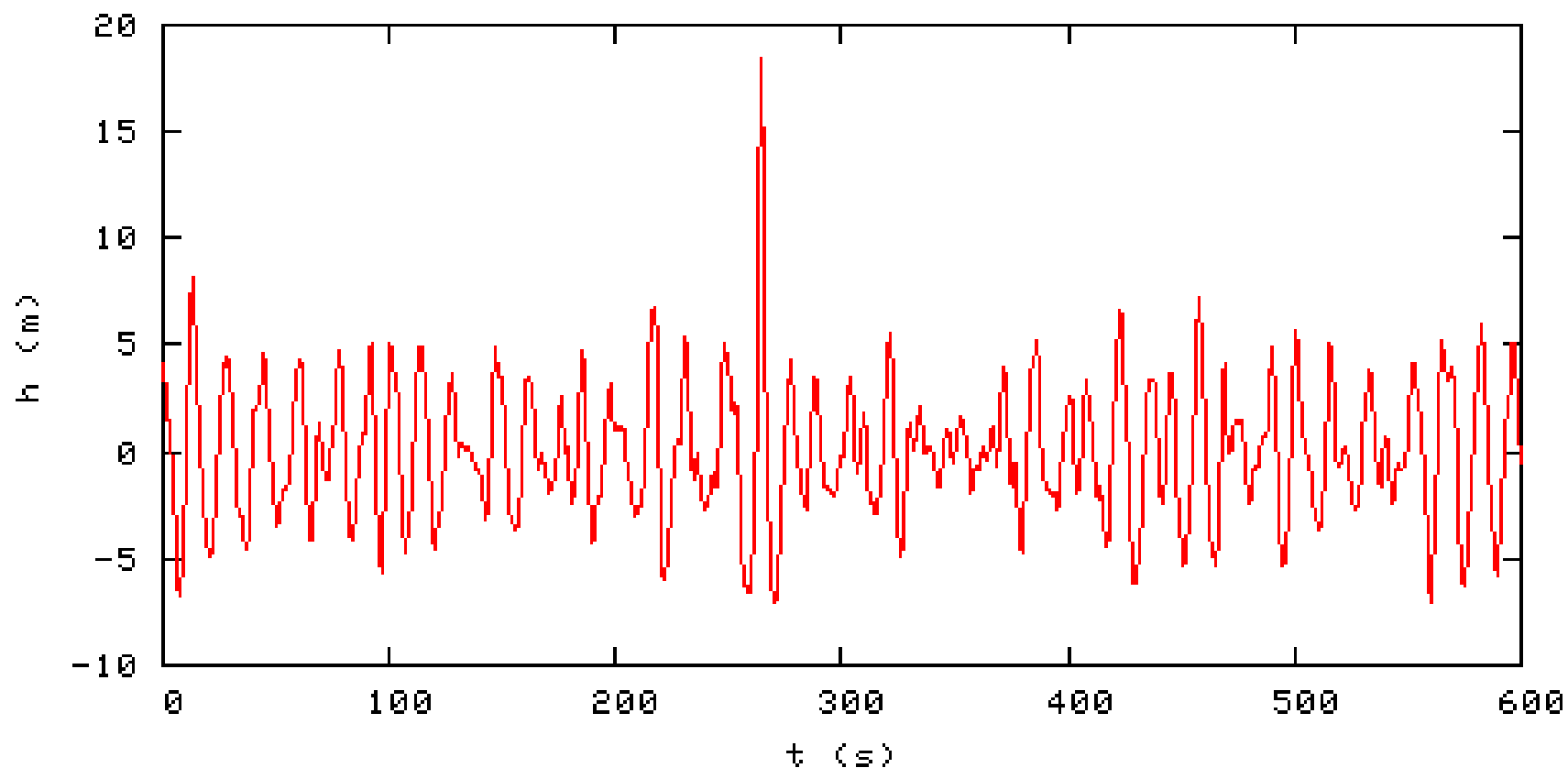
P0H Vld Sam-Sat  
00Z 22 Feb-Feb 2025  
SGPDV/GDWPS



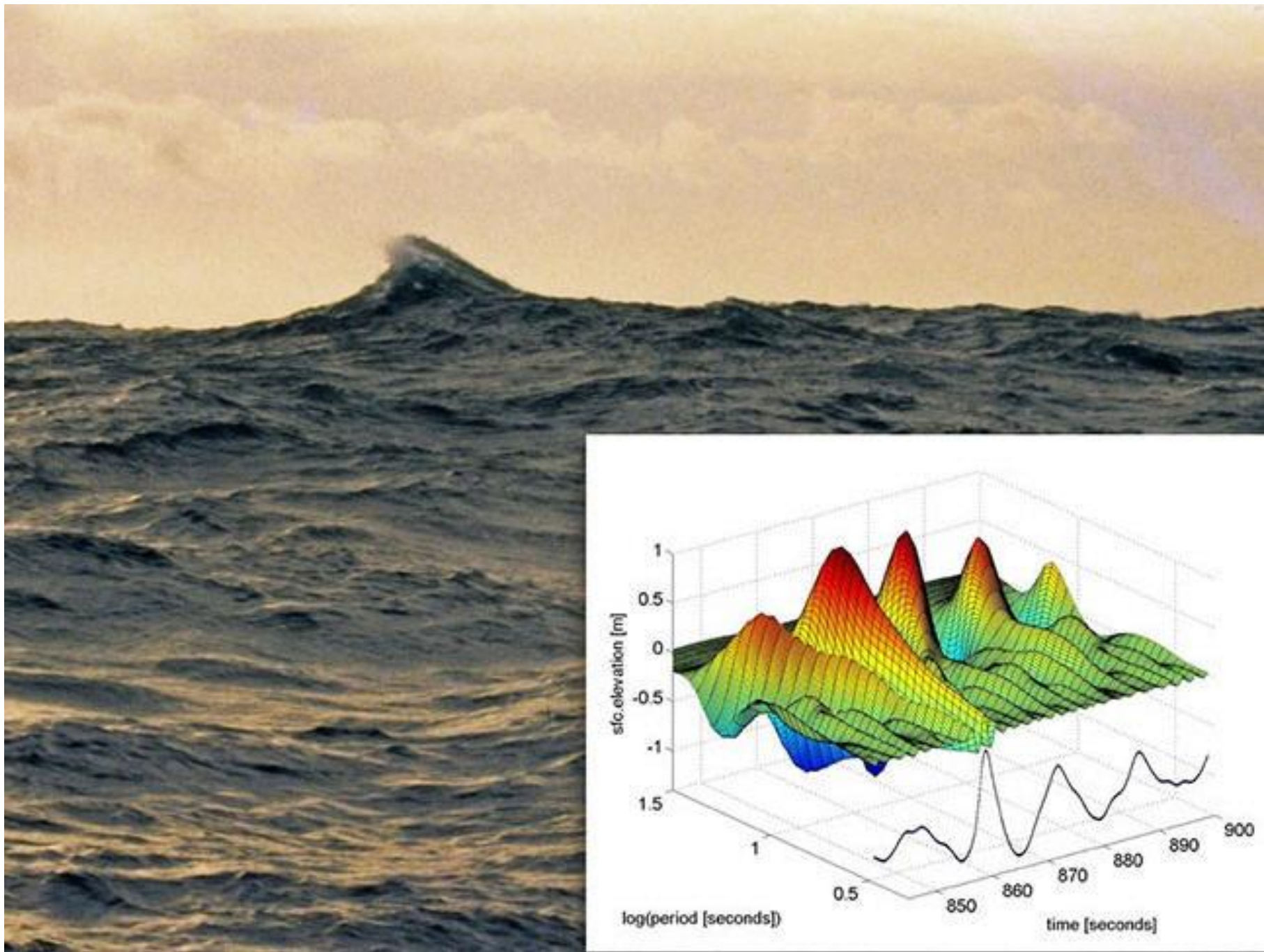
[Wave Model Charts - Environment Canada](#)



## Rogue Wave - Draupner Platform - January 1, 1995

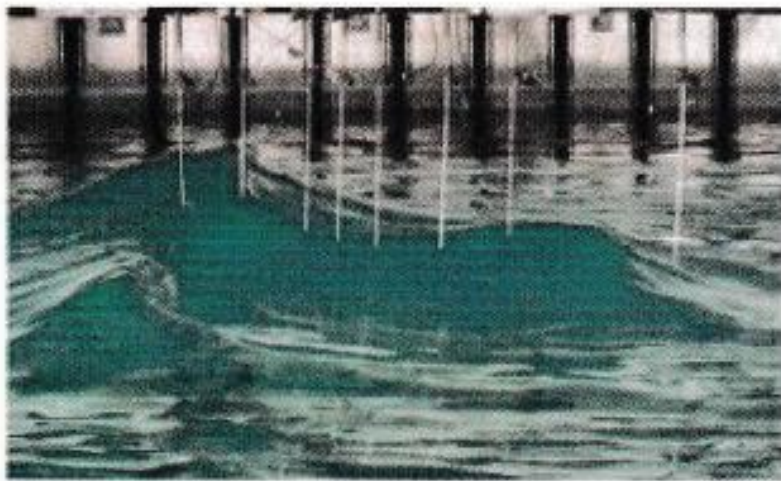


*Rogue Wave ....waves whose height is more than twice the significant wave height (SWH) ! ?*

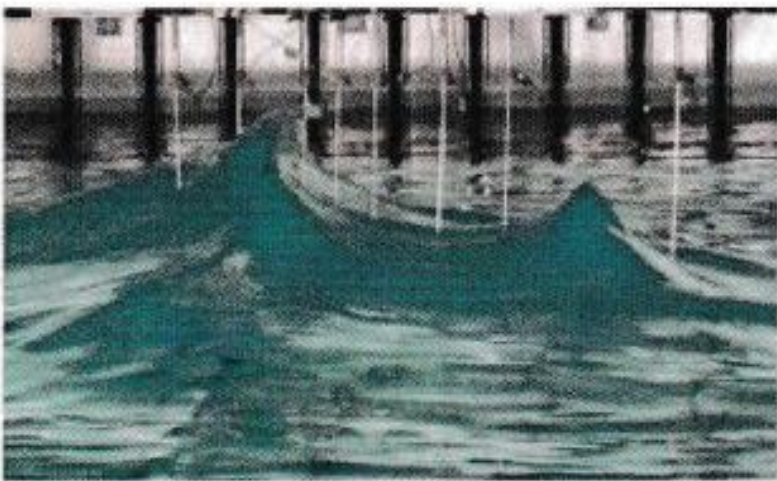




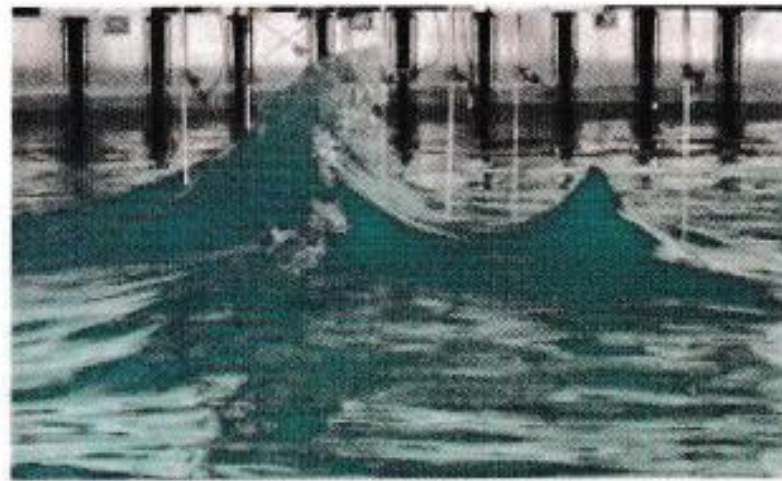
(a)



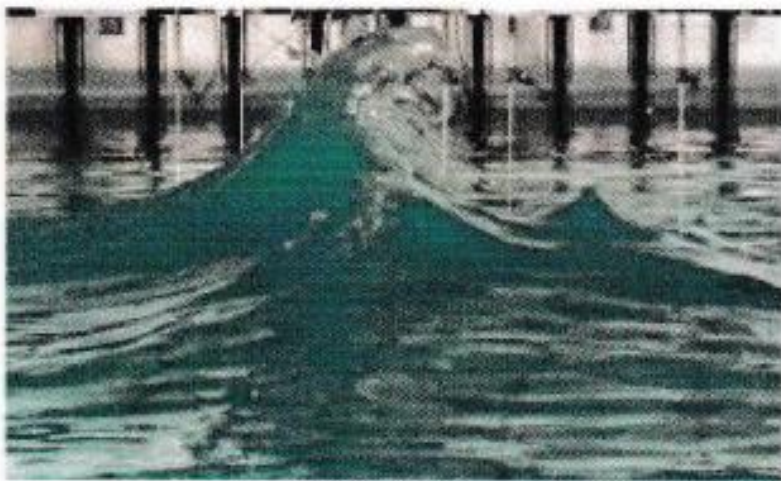
(b)



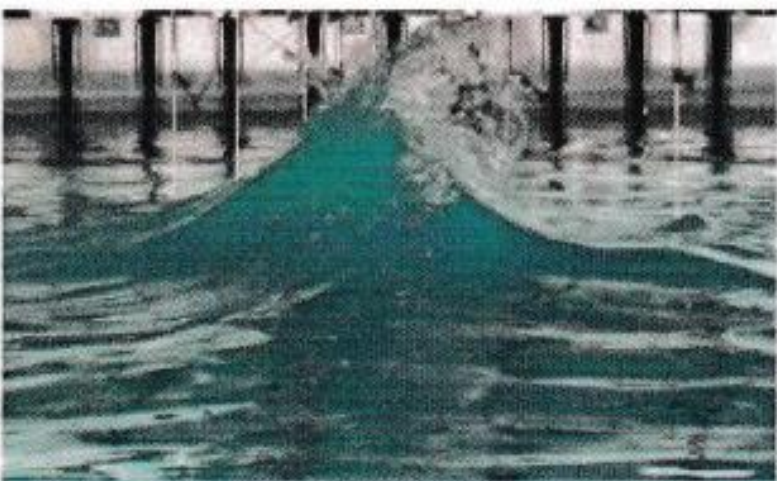
(c)



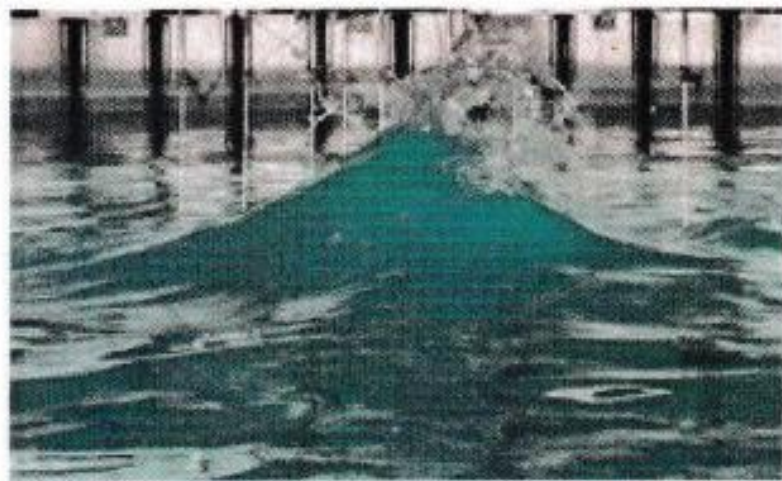
(d)



(e)



(f)

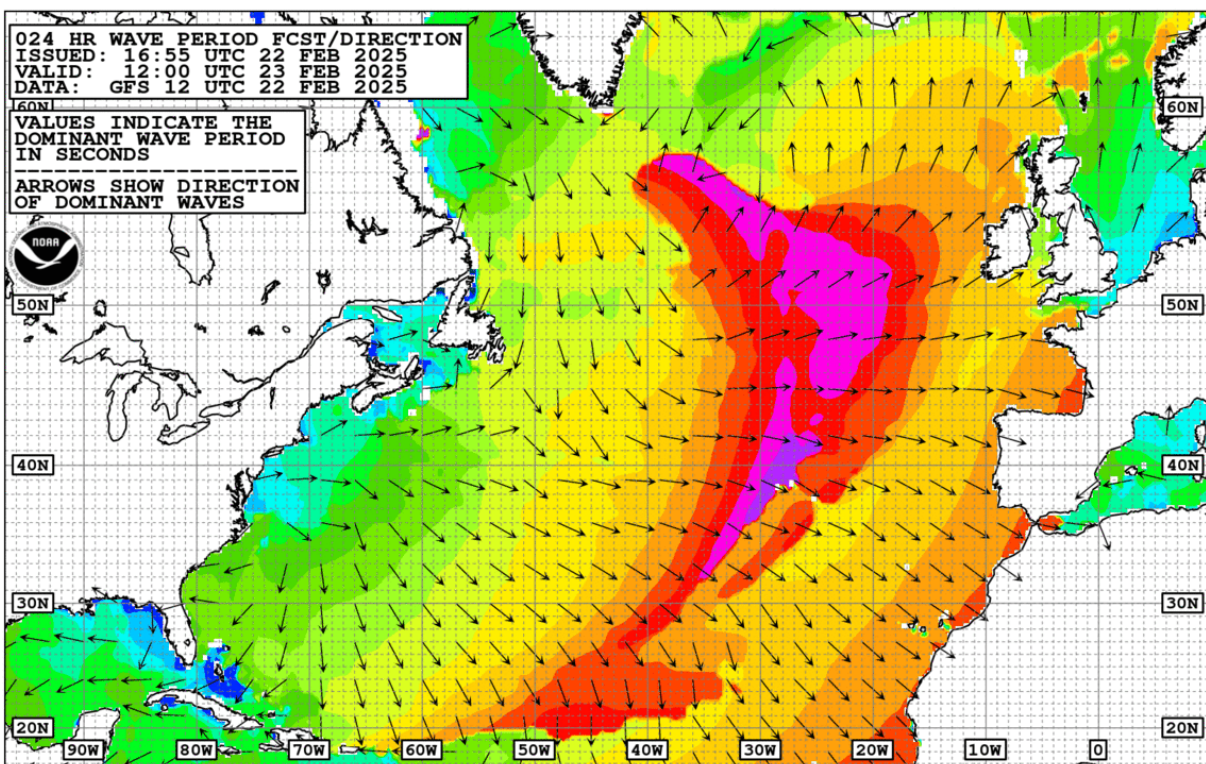


Still images showing the most successful reconstruction of the Draupner wave.

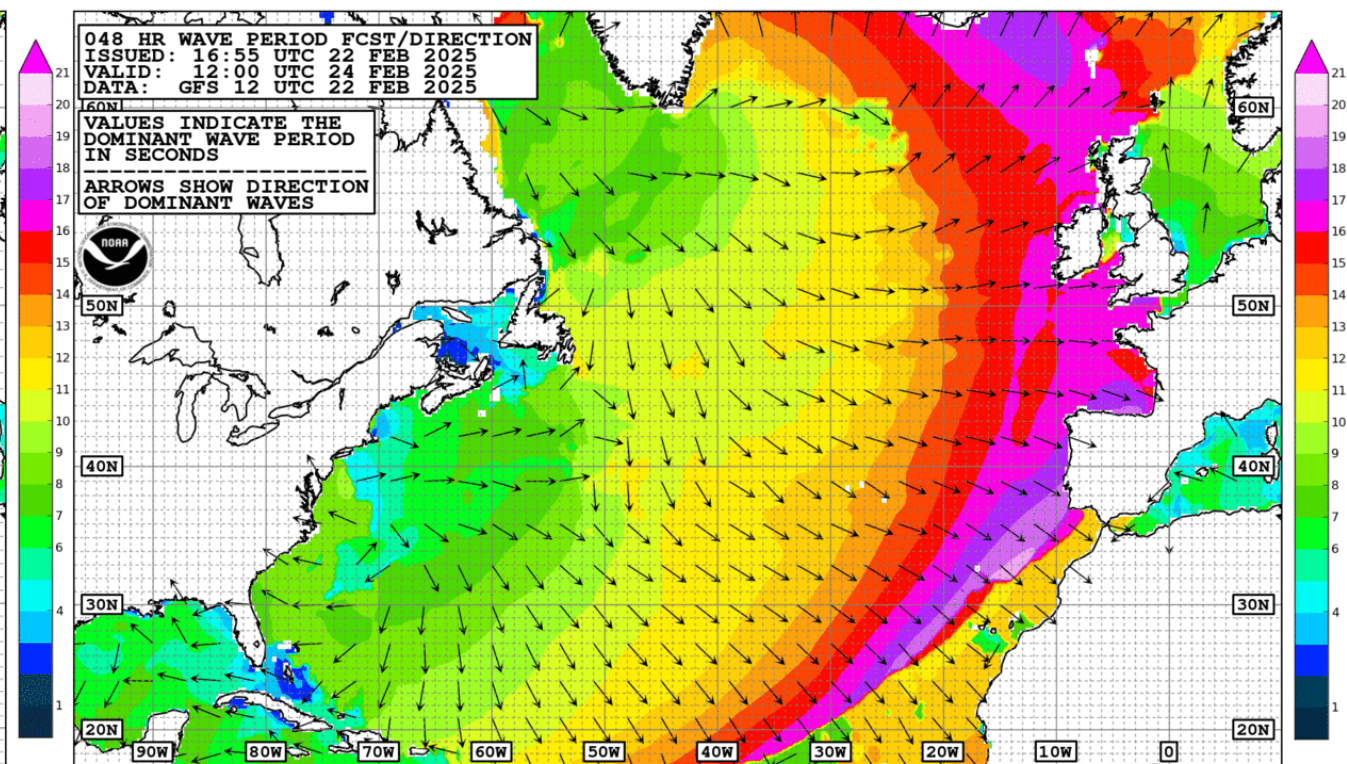


Seeking to understand how freak waves form, the team of researchers set out to reproduce the Draupner wave under laboratory conditions at the FloWave Ocean Energy Research facility at the University Of Edinburgh. What they discovered was that that they could recreate the wave using two smaller wave groups that crossed at a specific angle – approximately 120 degrees.

“When waves are not crossing, wave breaking limits the height that a wave can achieve. However, when waves cross at large angles, wave breaking behavior changes and no longer limits the height a wave can achieve in the same manner,” the researchers noted.

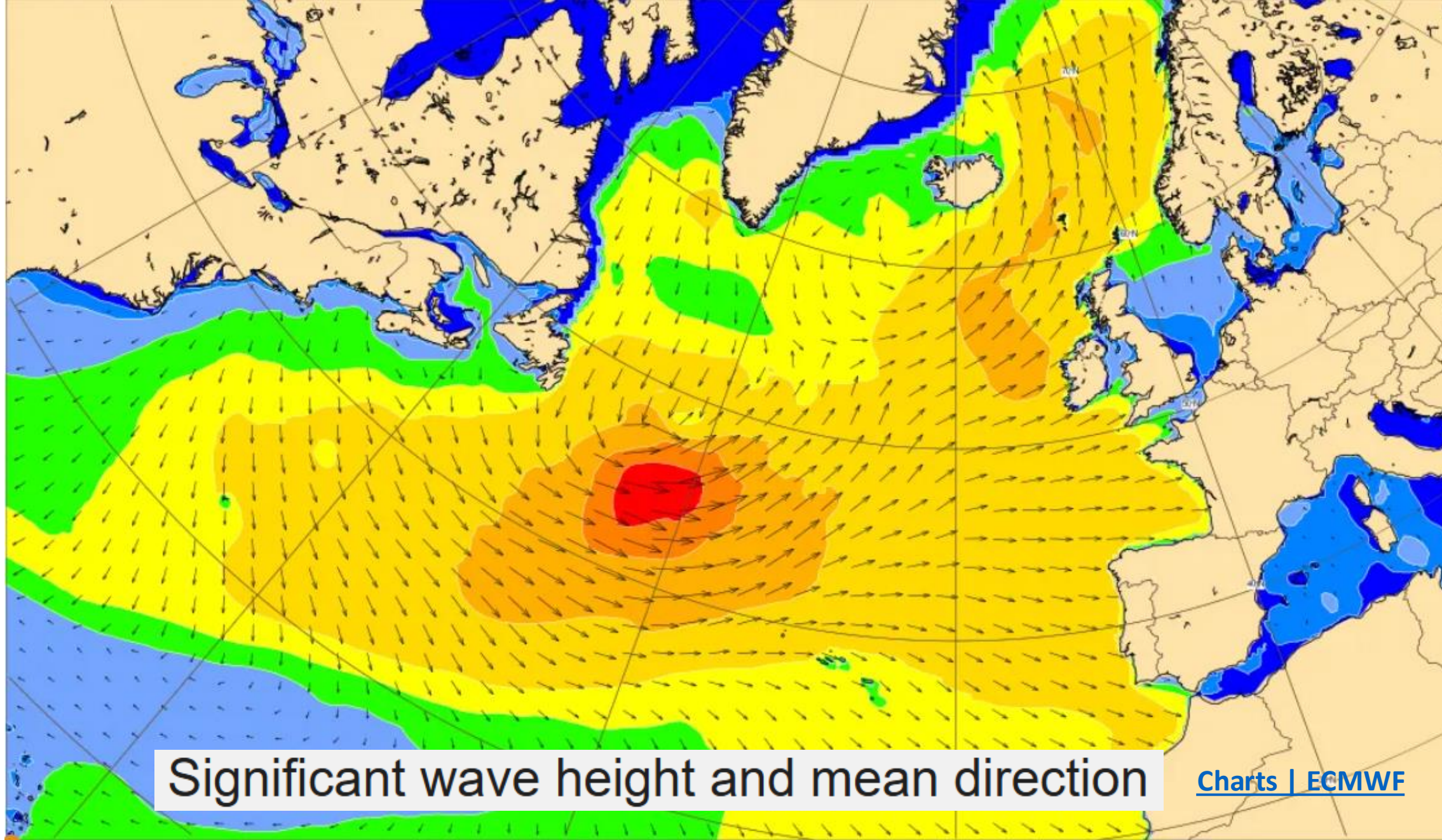


NWS/NCEP - Ocean Prediction Center  
<https://ocean.weather.gov>



NWS/NCEP - Ocean Prediction Center  
<https://ocean.weather.gov>

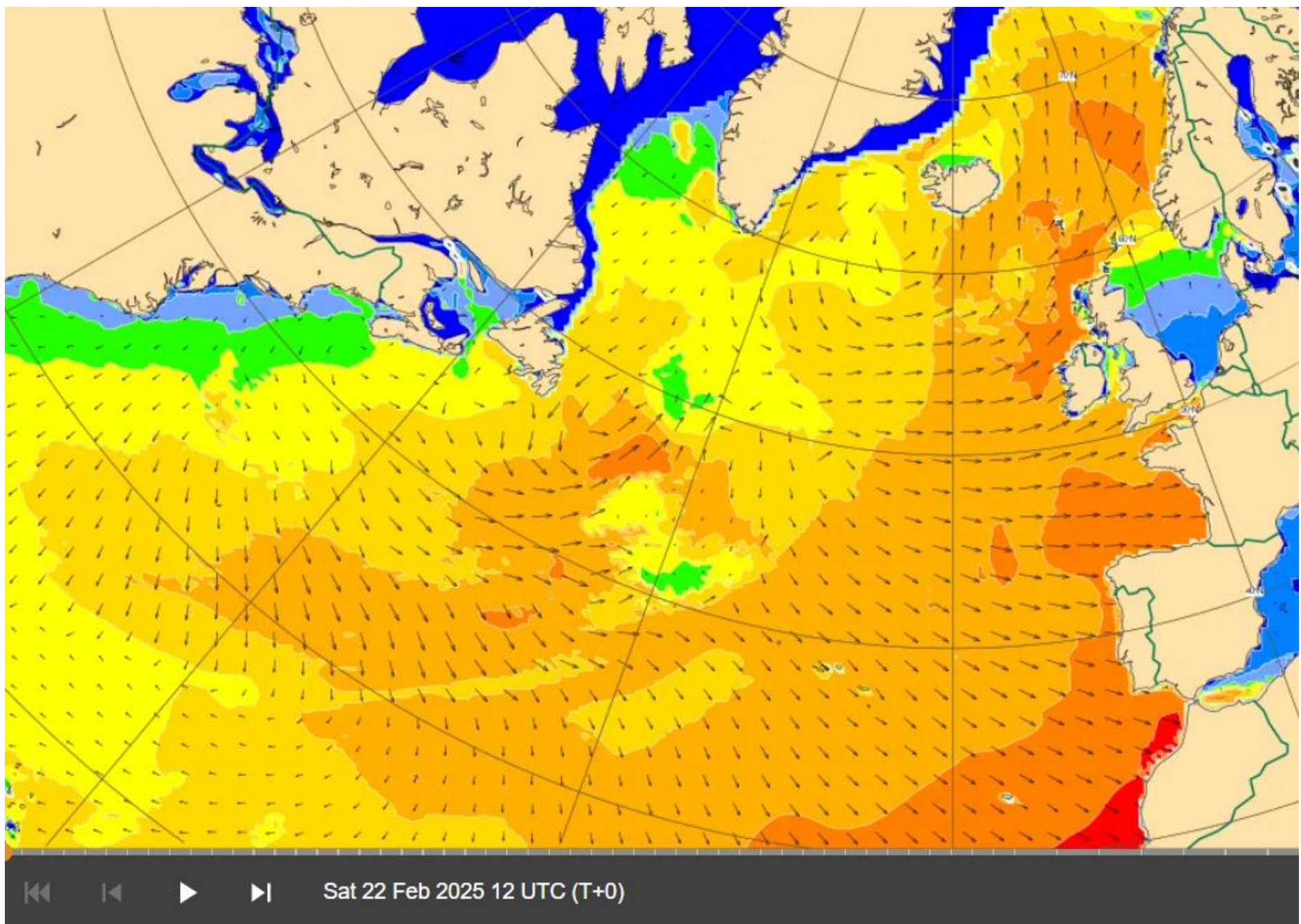




Significant wave height and mean direction

[Charts](#) | [ECMWF](#)

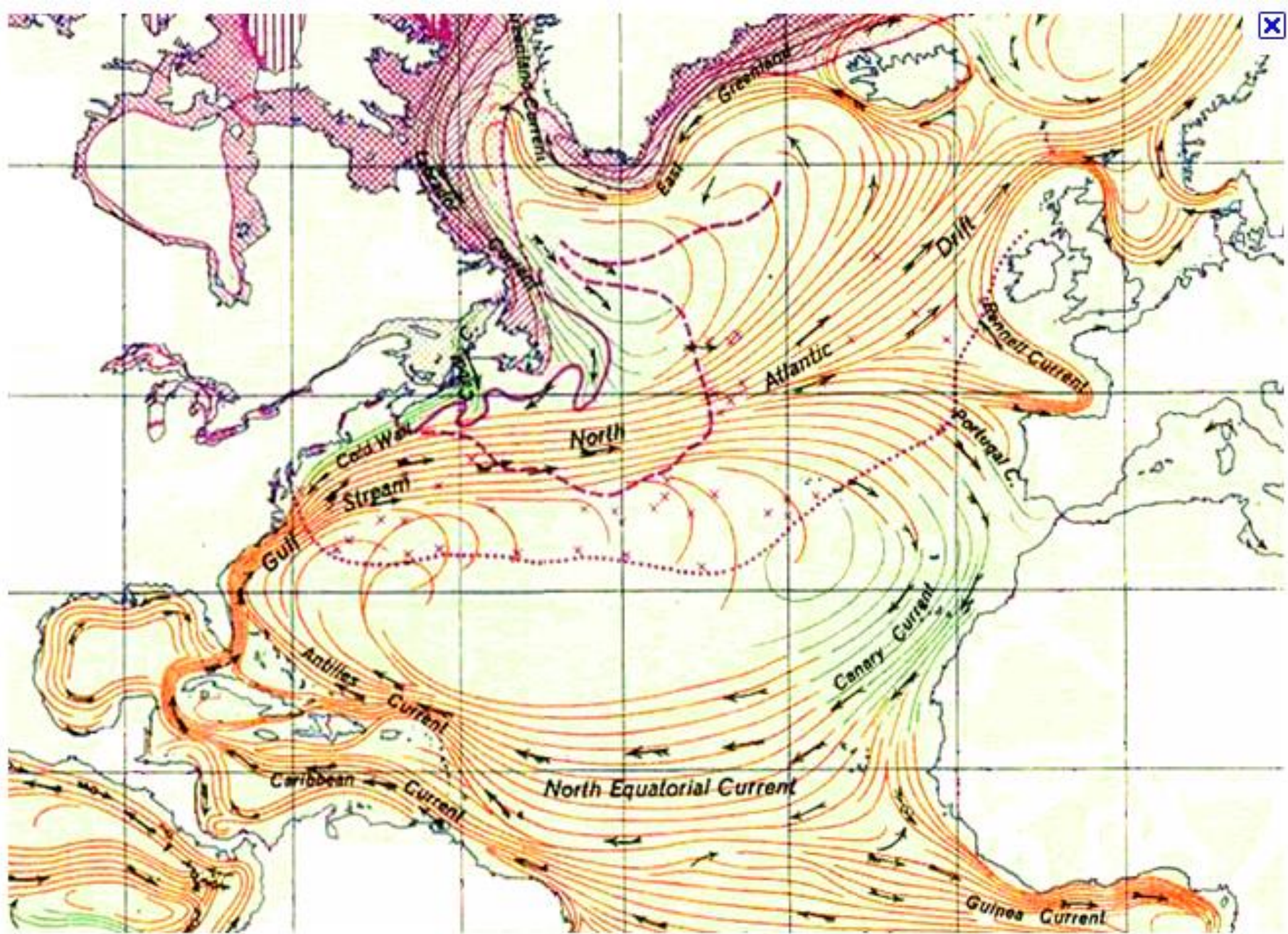




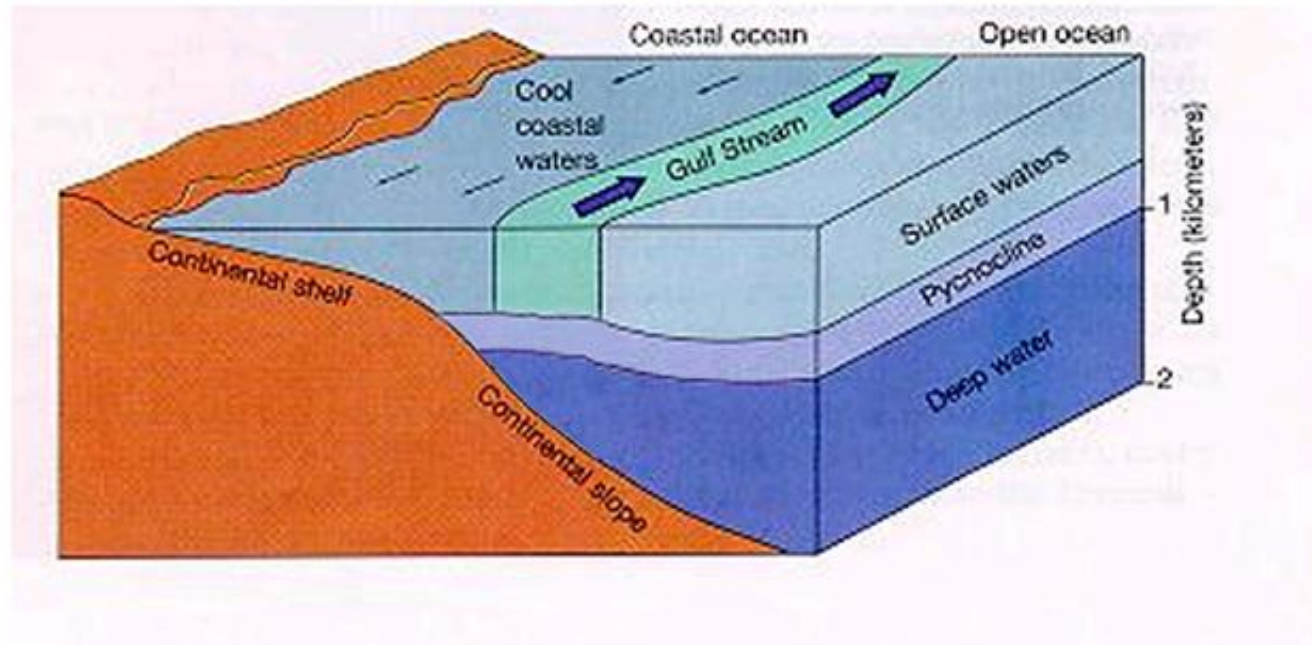
Total swell: mean period and mean direction

[Charts](#) | [ECMWF](#)





North Atlantic Gyre – Largely Wind Driven

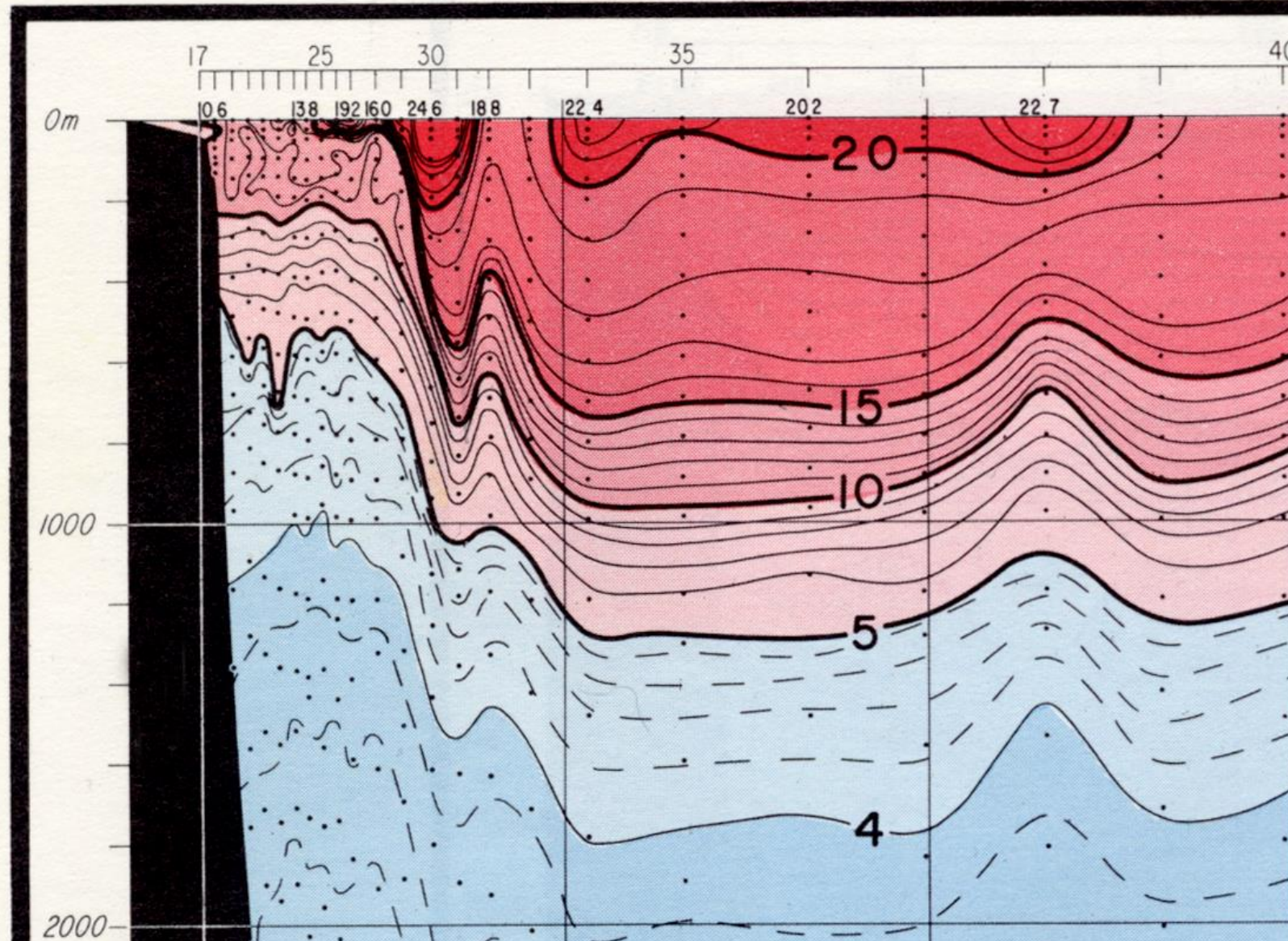
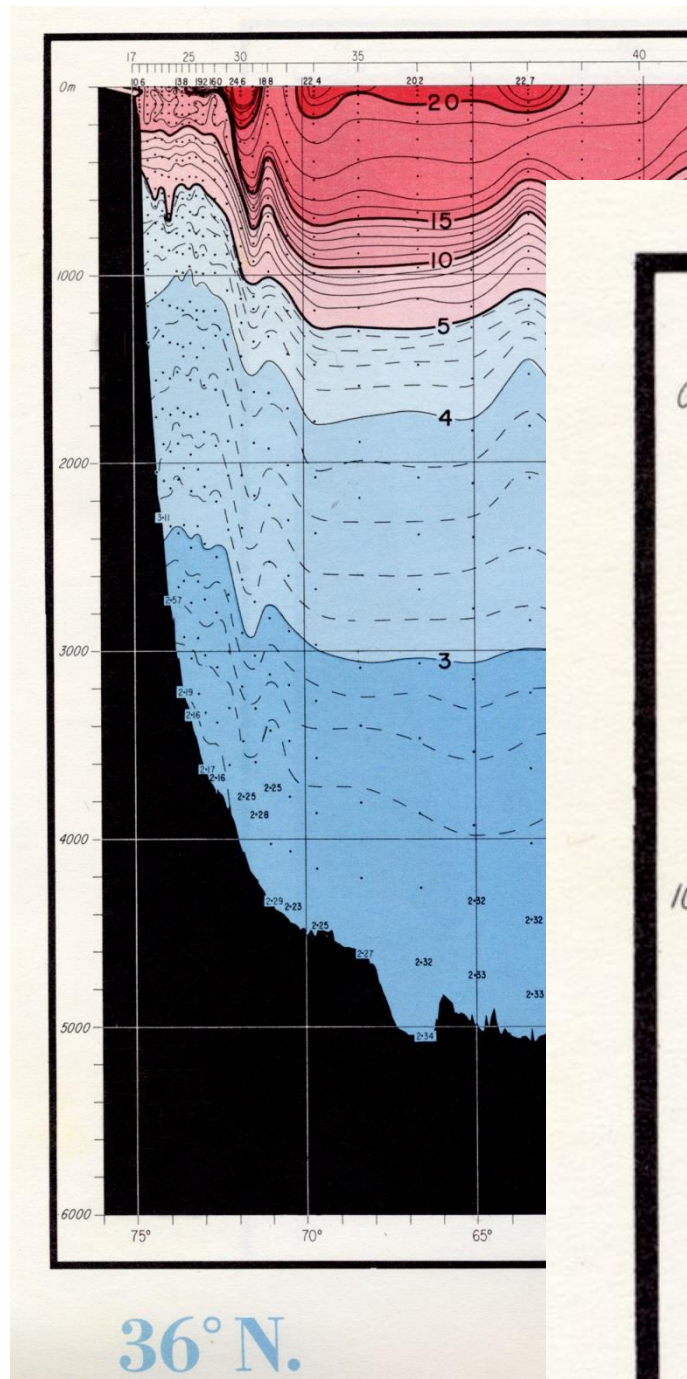


The Gulf Stream is an example of a Western Boundary Current

***A boundary between cold shelf water and warm Sargasso Sea water***

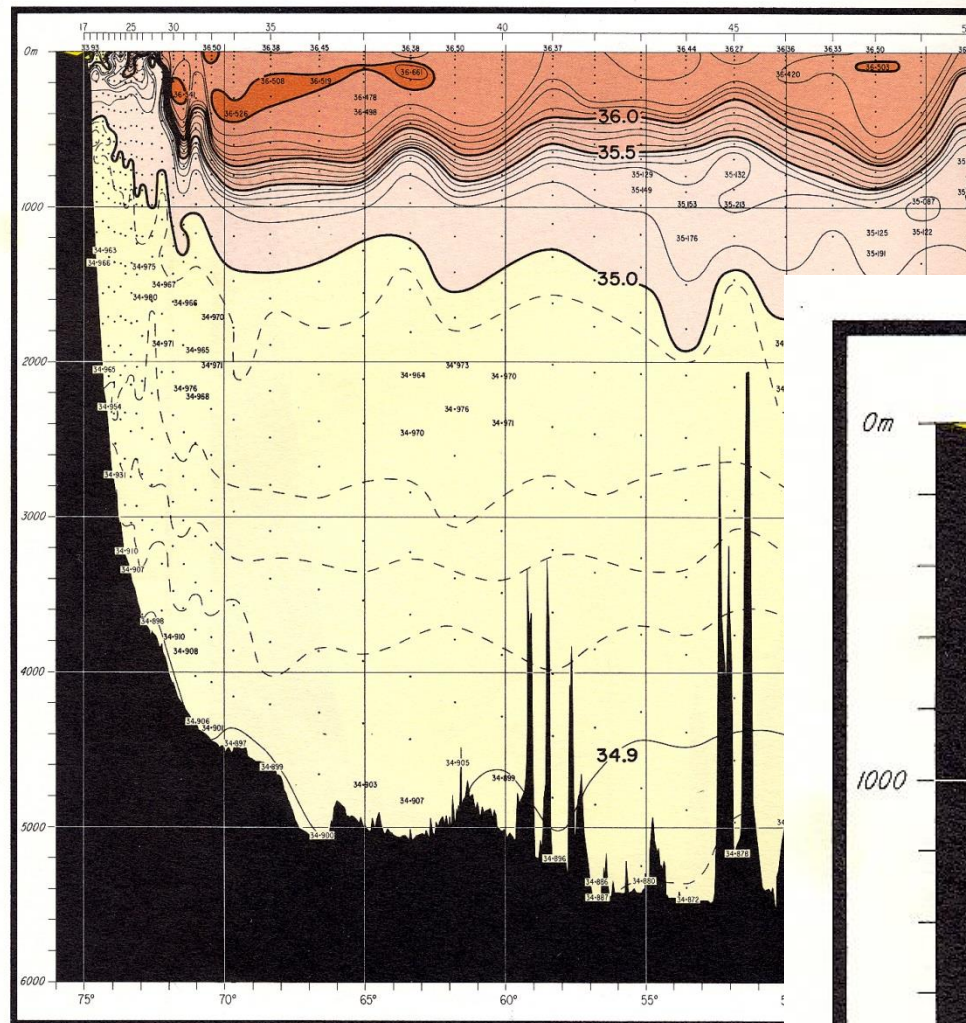


## Water Temperatures ... *IMPORTANT* !!

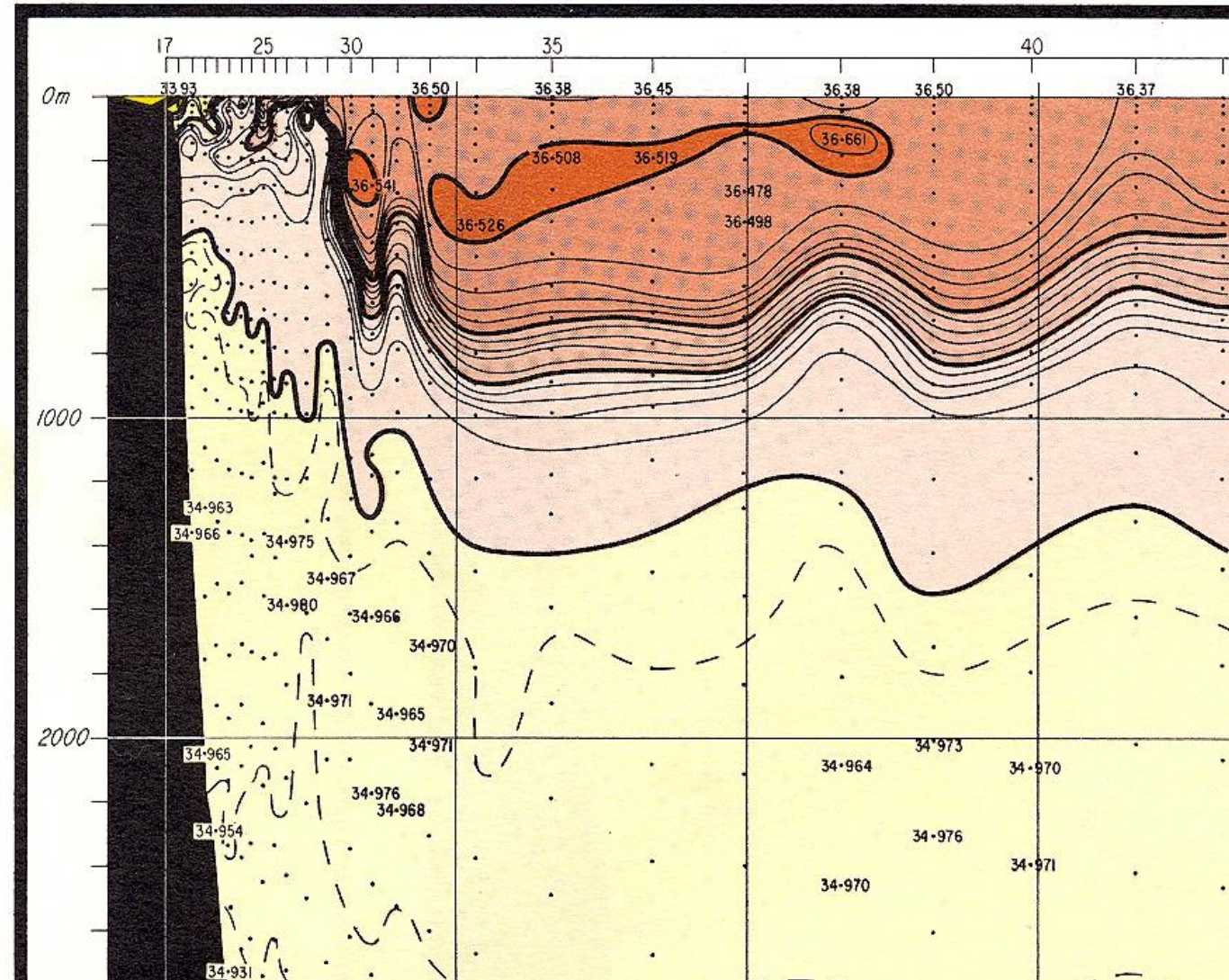




***and Salinity Gradients !***

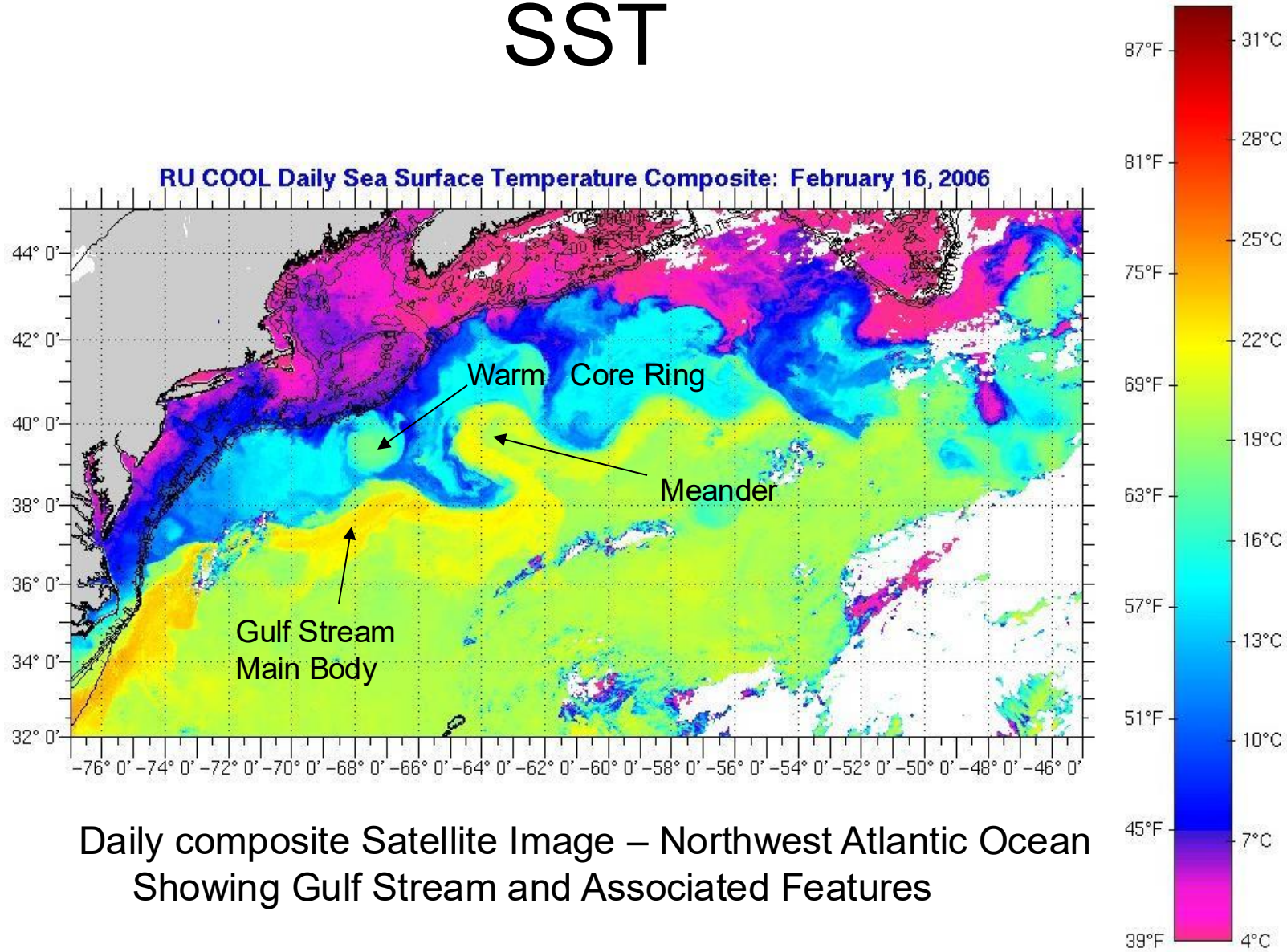


**36°N.**





# SST

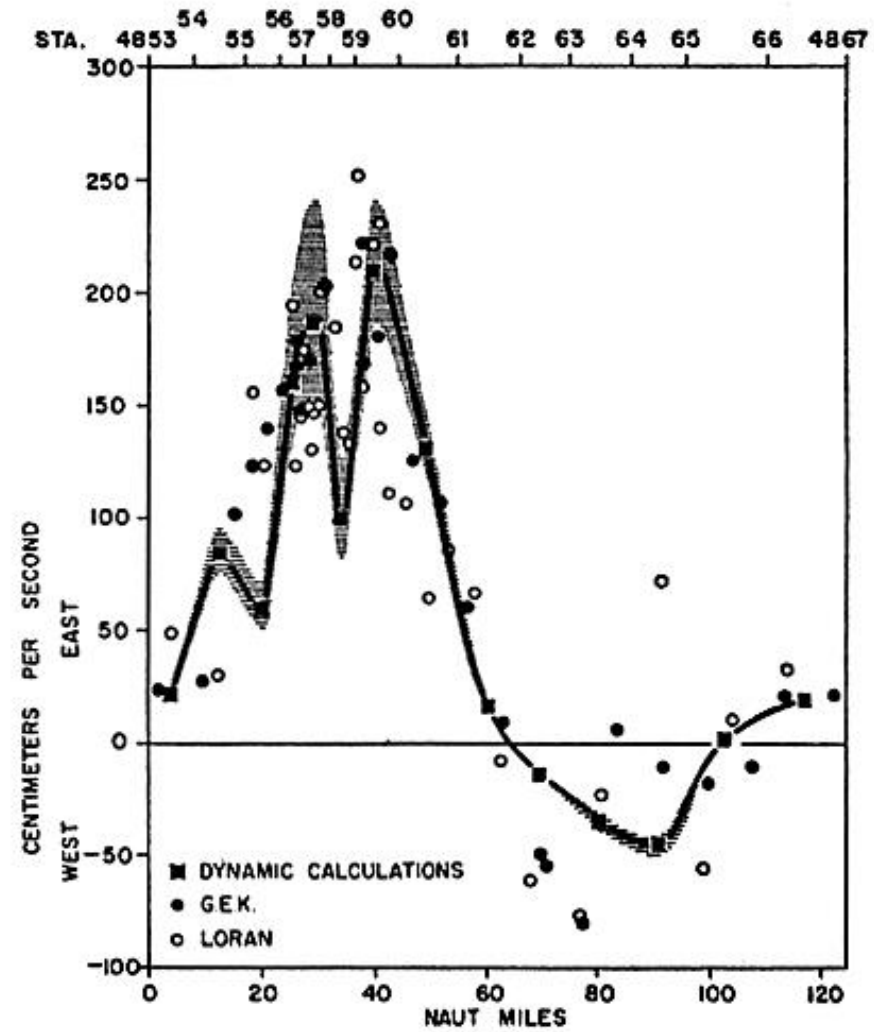


Daily composite Satellite Image – Northwest Atlantic Ocean  
Showing Gulf Stream and Associated Features

Source: <http://rucool.marine.rutgers.edu/>



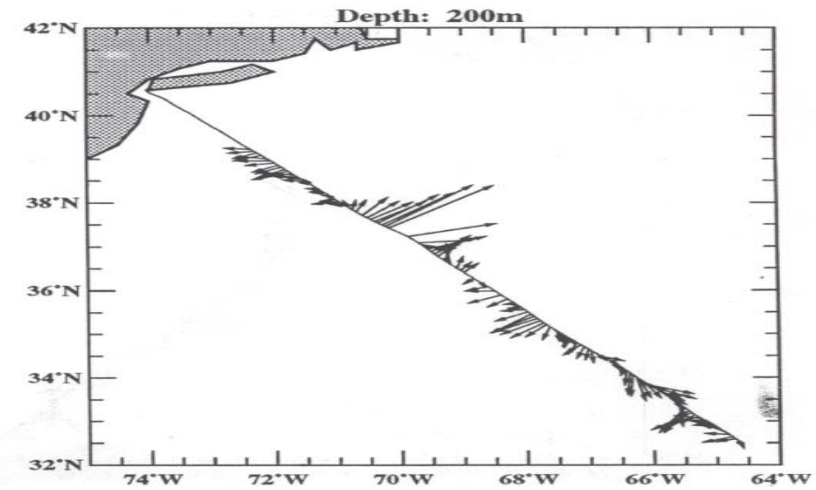
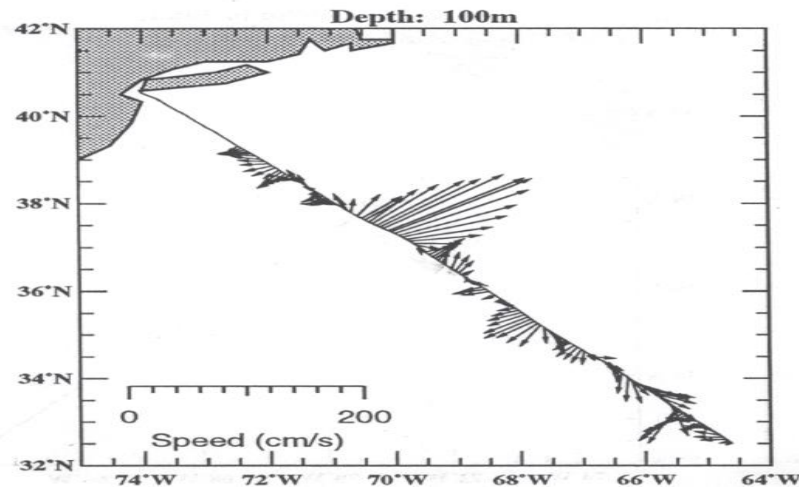
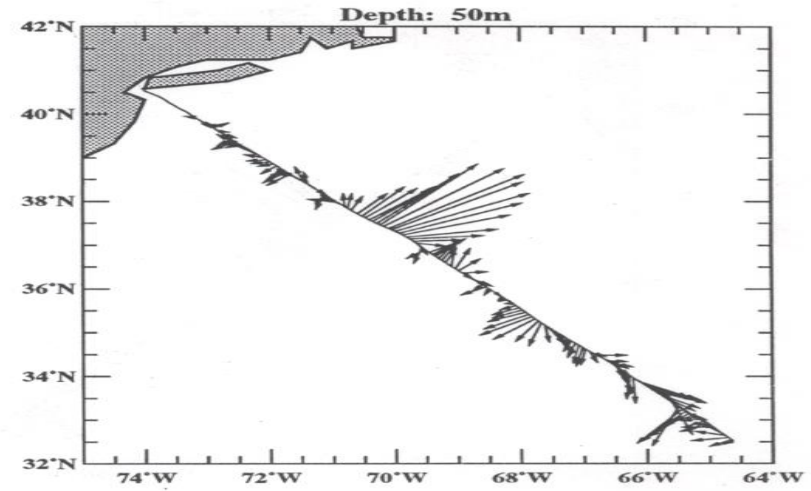
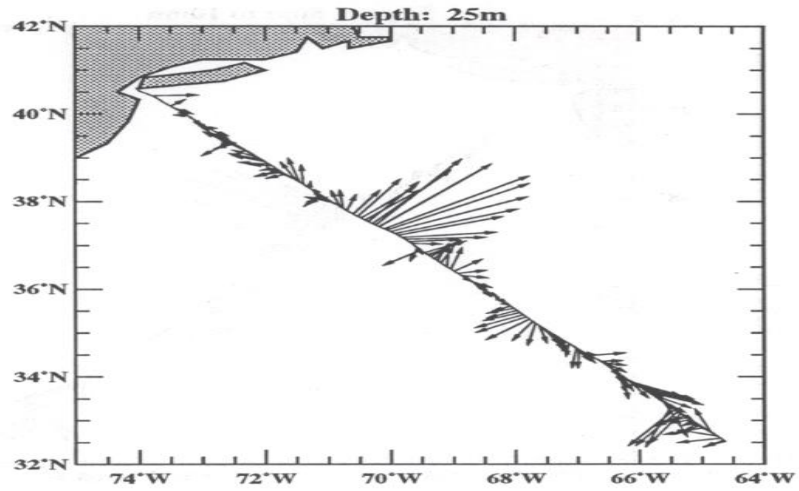
## Typical Main Body Structure



From: Stommel, , *The Gulf Stream* , 1965

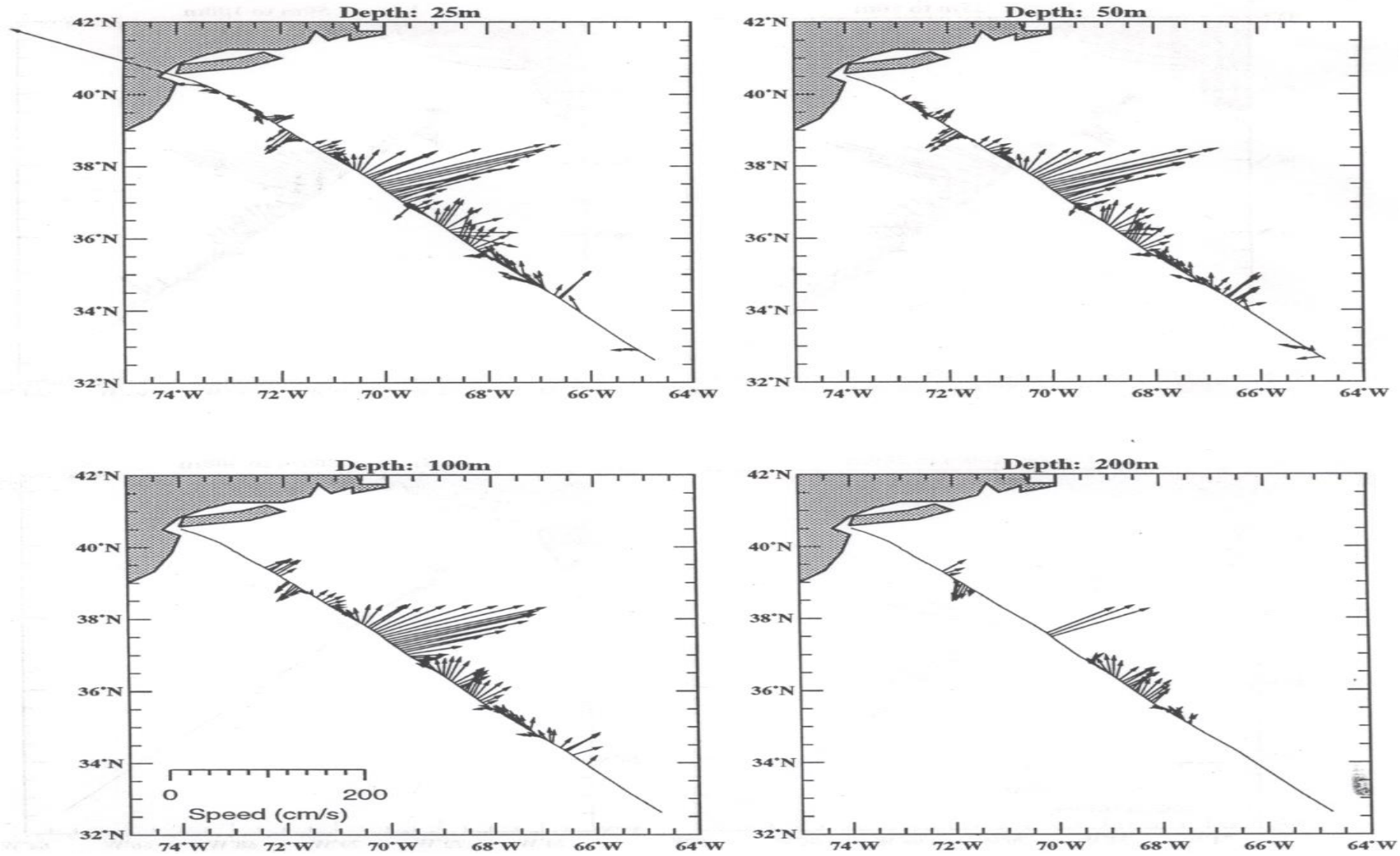
## Oleander ADCP Velocities

Cruise # 059-061 (98/03/13 08:22:59 to 98/03/16 14:50:05 Outbound)



# Oleander ADCP Velocities

Cruise # 062-064 (98/03/16 14:55:06 to 98/03/19 17:21:32 Inbound)





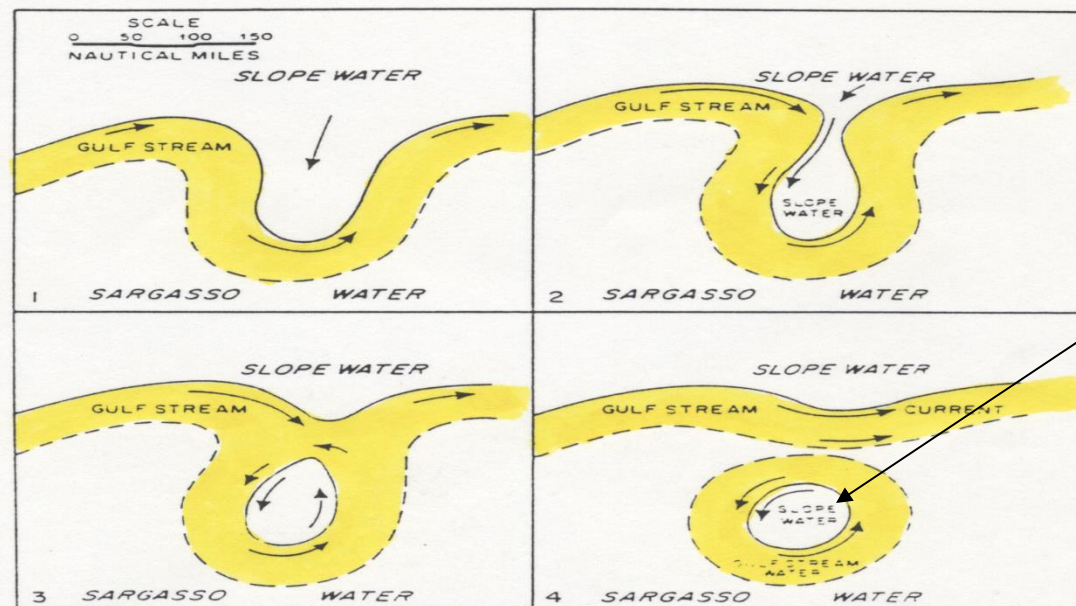
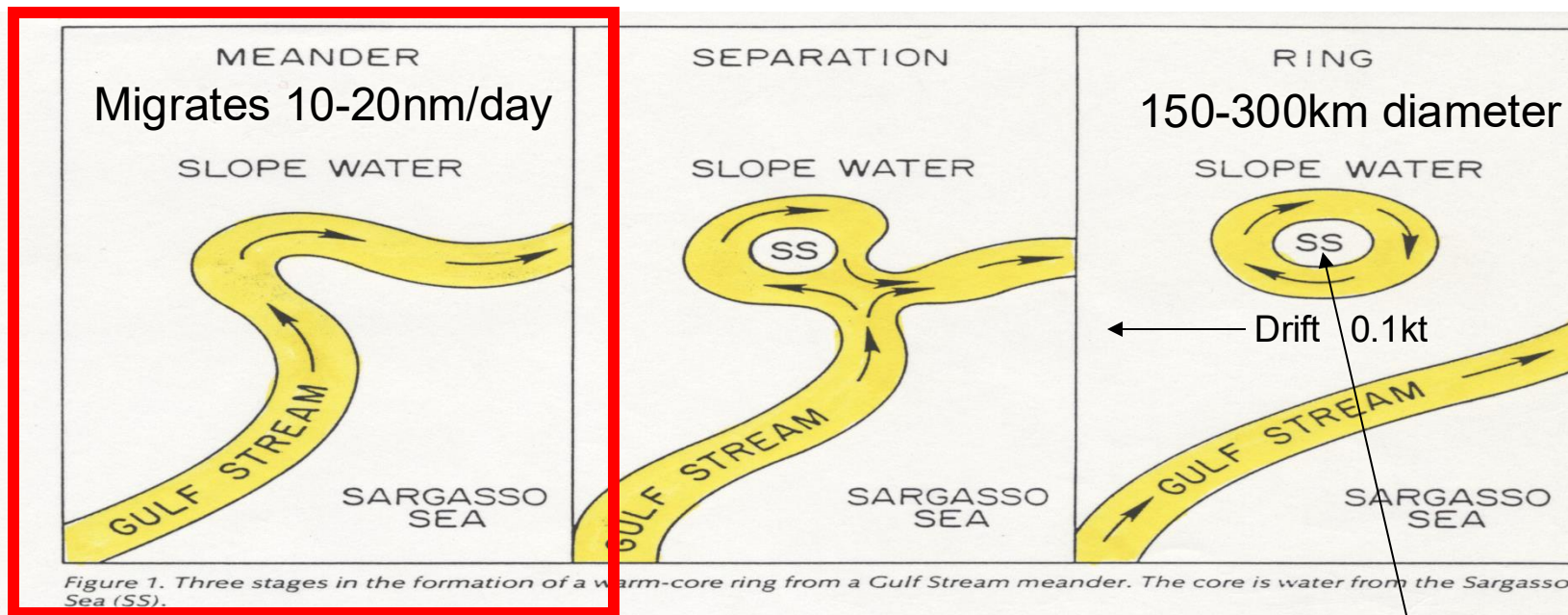
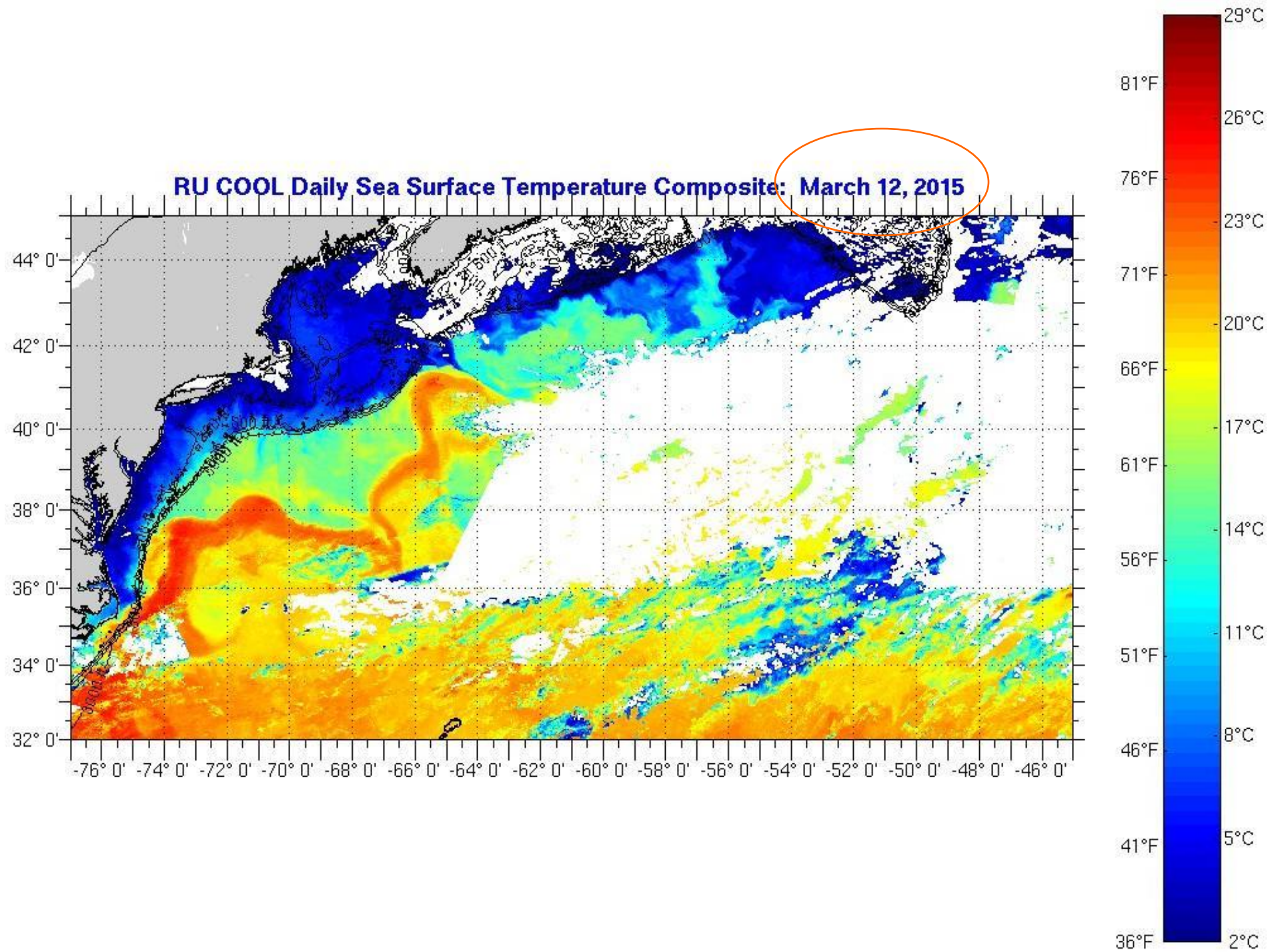


Figure 4.8 Diagram of Gulf Stream ring generation from meander formation to separation. (Parker, 1971.)

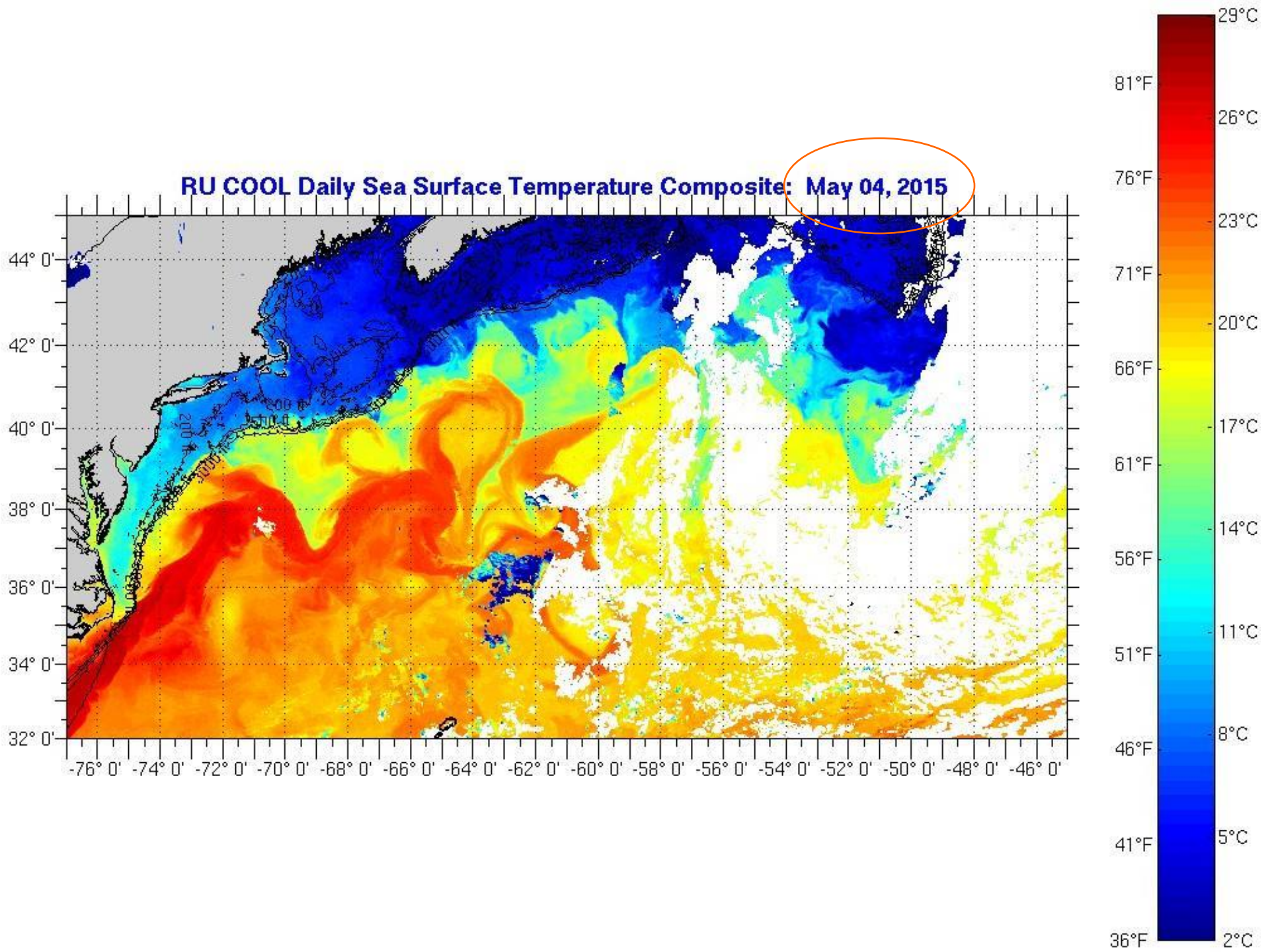
Warm Core

Cold Core











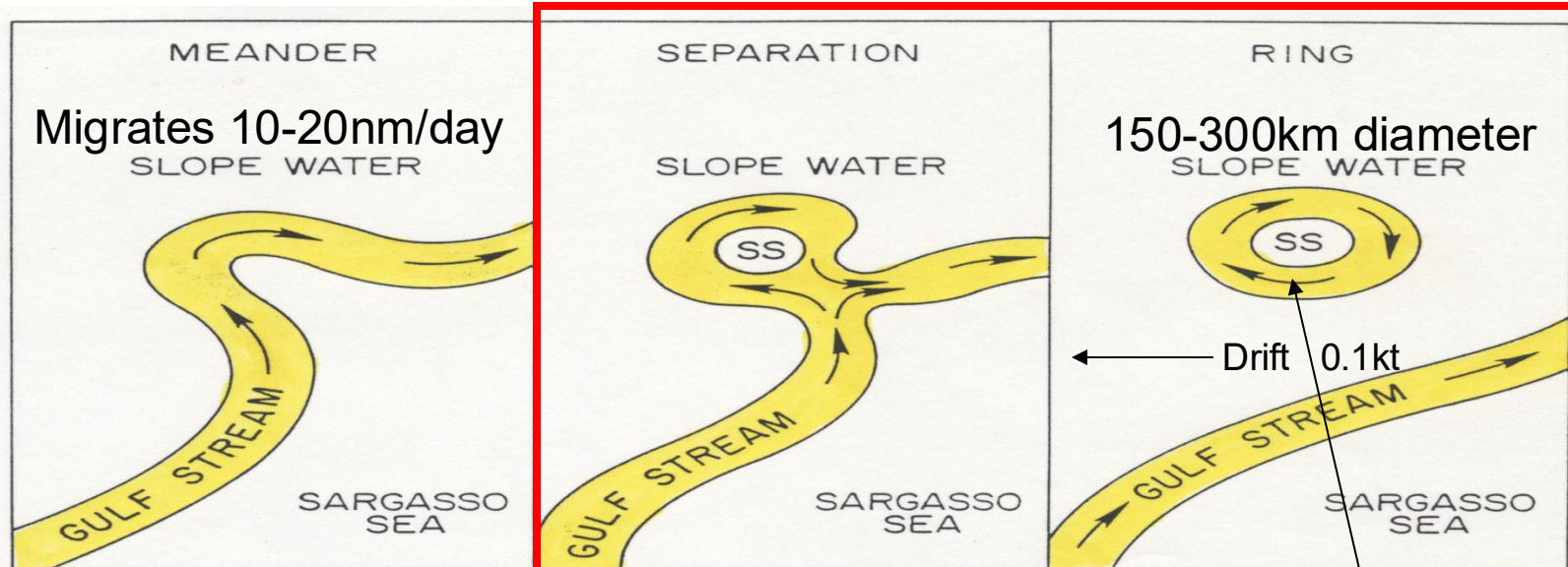


Figure 1. Three stages in the formation of a warm-core ring from a Gulf Stream meander. The core is water from the Sargasso Sea (SS).

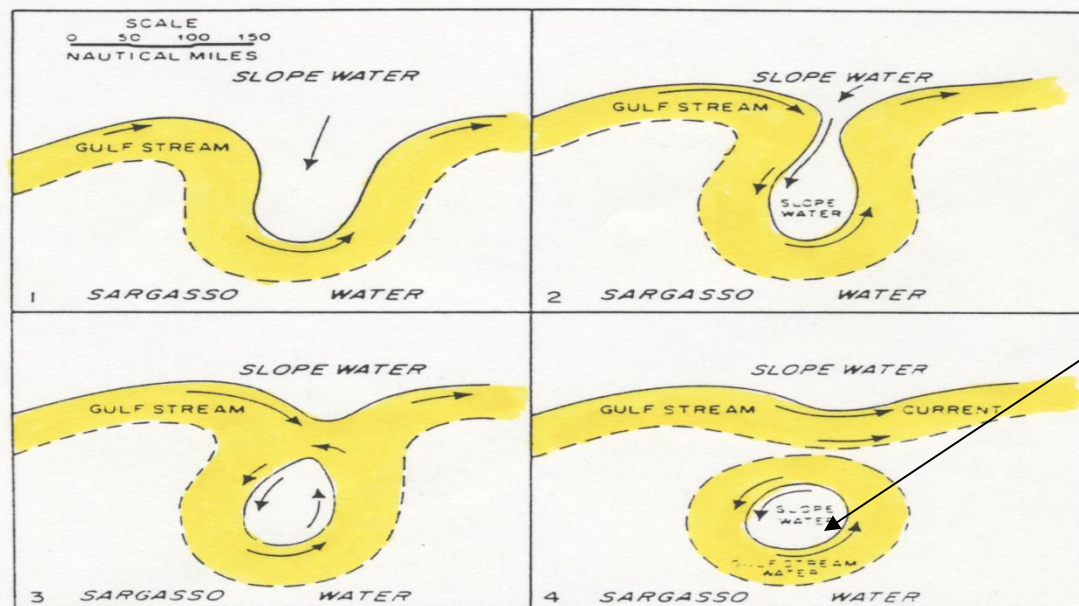
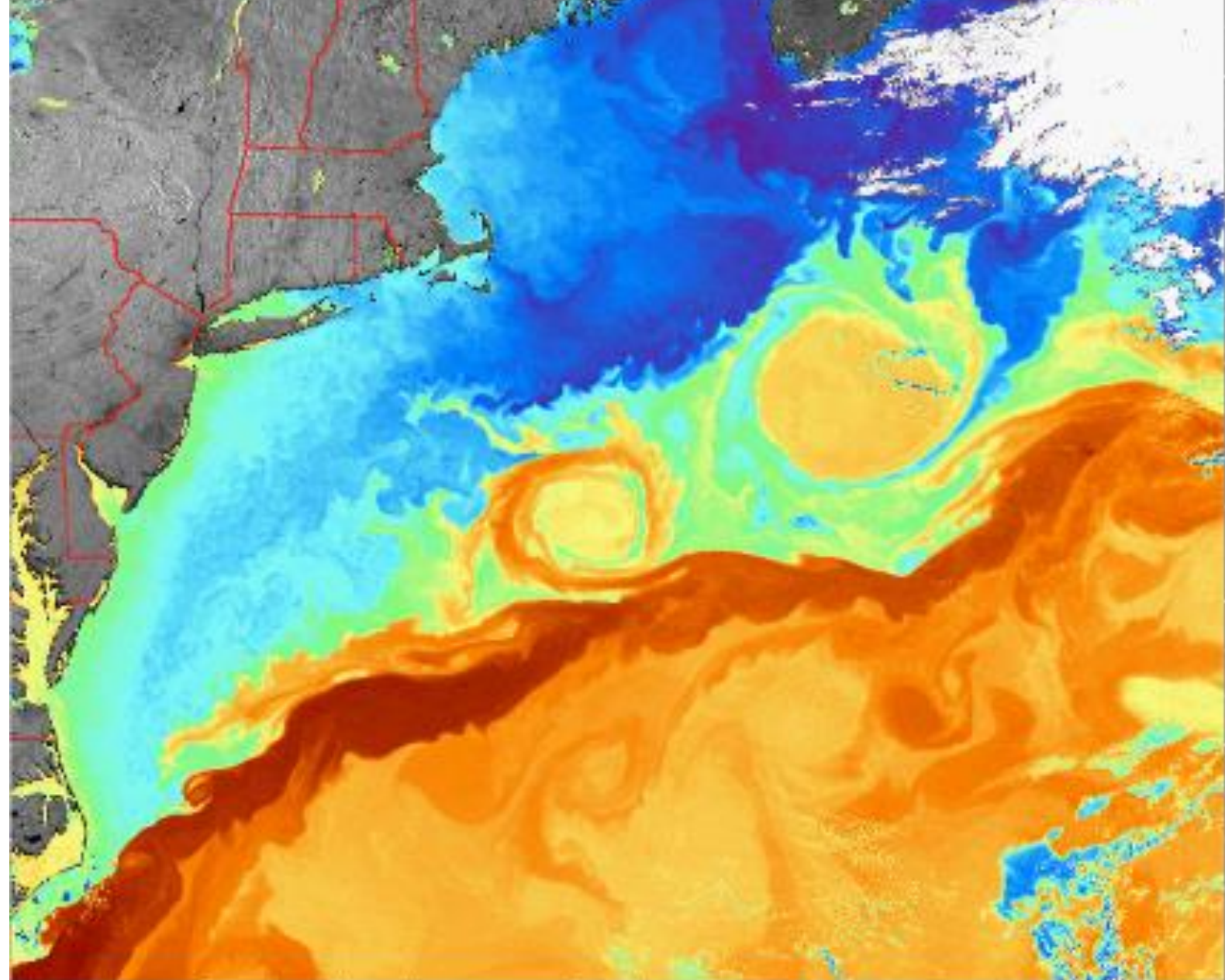


Figure 4.8 Diagram of Gulf Stream ring generation from meander formation to separation. (Parker, 1971.)

Warm Core

Cold Core



-75

-70

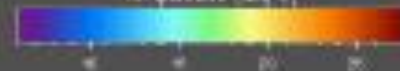
-65

-60

Longitude

WORLDWIDE TRANSMISSION  
Landsat-5 TM Channel 2  
1000-12 km/s, 1000 km, 11:07 UT

Temperature (deg C)



-5

0

10

20

30

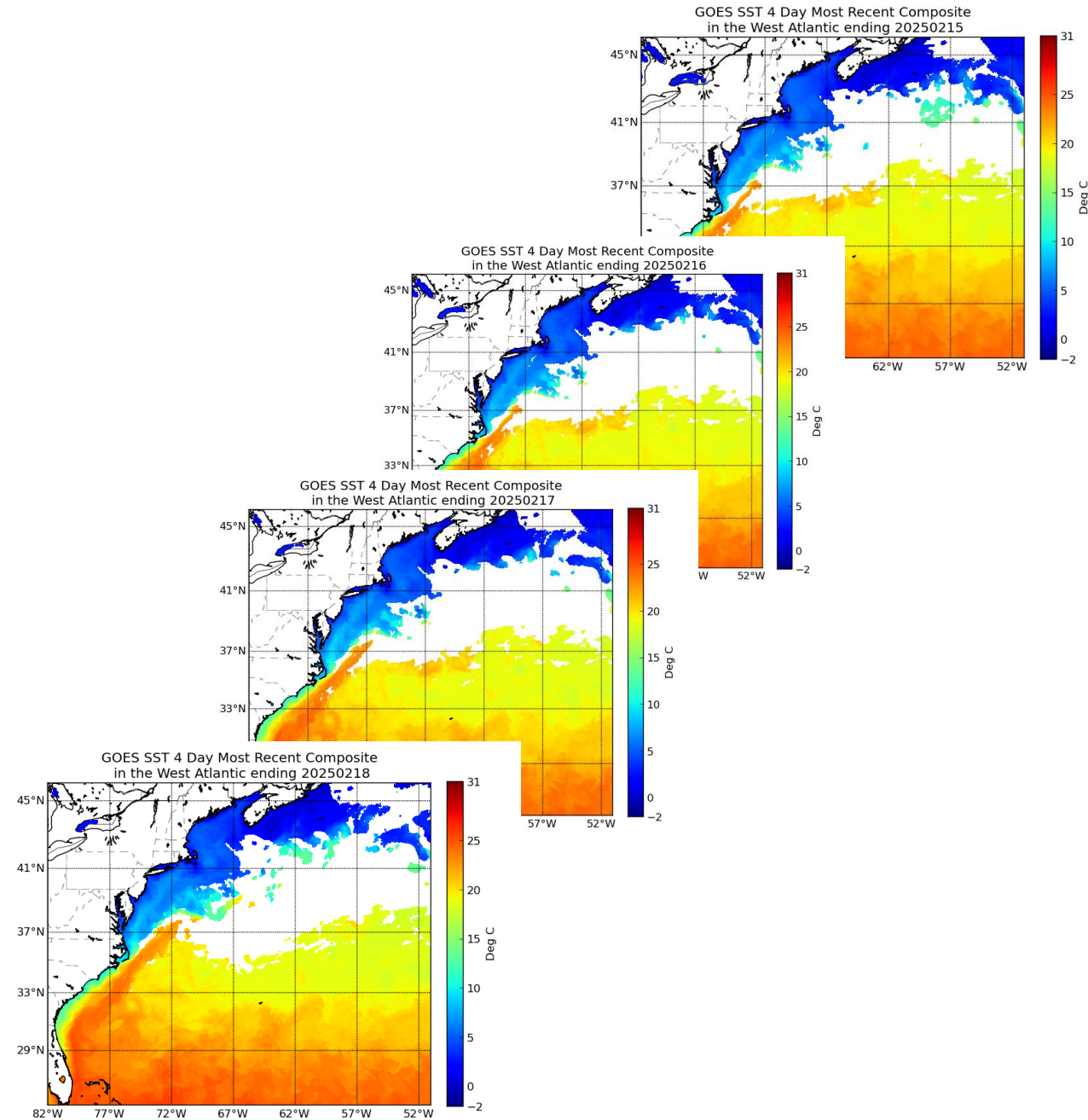
© 1997 by the National Aeronautics and Space Administration. All rights reserved.



A look over the past few days  
and what do we see... ?

CLOUDS !!

Start Study Early !





# Using a Variety of Resources

Keeping in mind.....

- Scales of Variability
- Needed/Desired Accuracy
- Reception Limitations
- Sensory Overload

# Gulf Stream and Weather Information on the WEB

## Bohlen @ uconn.edu

Rev 2/25

\*\*\*\*National Weather Service     <http://www.nws.noaa.gov>     or

<https://ocean.weather.gov/>

The National Weather Service site and the Ocean Prediction Center site both with an abundance of products including marine forecasts and satellite imagery. Valuable resources for the study of weather. Look particularly at the NWS Ocean Prediction Center and their Probabilistic Guidance. **These sites must be studied !**

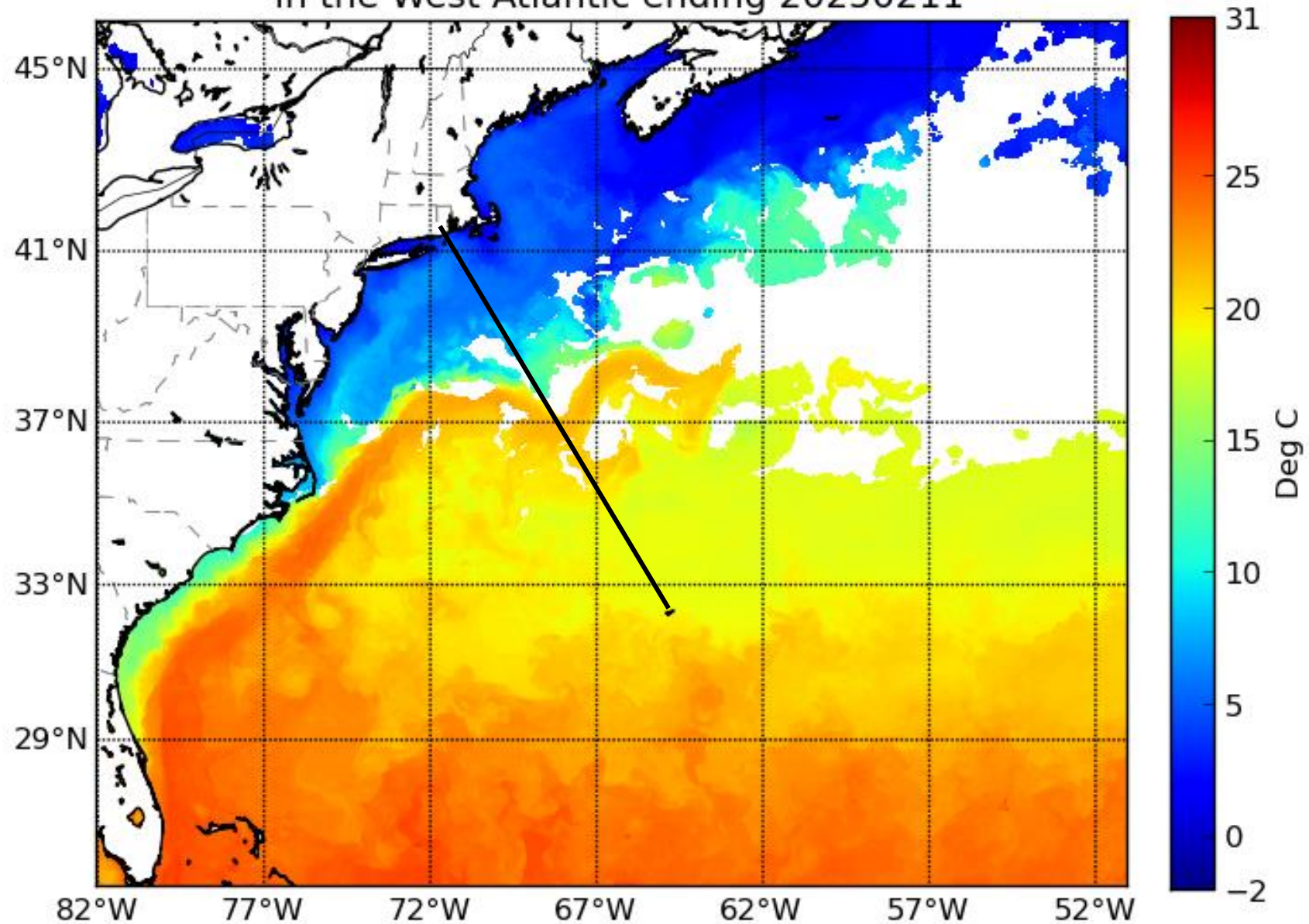
National Weather Service Environmental Modeling Center <https://polar.ncep.noaa.gov/global/fronts/>

The National Weather Service's Environmental Modeling Center and home to the Global Real Time Ocean Forecast System model (RTOFS). This site is no longer maintained but contains some useful information on model characteristics. [Global RTOFS High Resolution Oceanic Model \(weather.gov\)](#) .

provides up-to-date model results. Since many use this model in routing it's useful to compare model results to direct satellite observations to develop confidence in model simulations. This model provides 1/12 degree resolution and is the result of collaboration between NOAA and the U.S. Navy Research Laboratory and others. Also see:

[https://ocean.weather.gov/Loops/ocean\\_guidance.php?model=NCOM&area=Useast&plot=current&day=1&loop=0](https://ocean.weather.gov/Loops/ocean_guidance.php?model=NCOM&area=Useast&plot=current&day=1&loop=0)

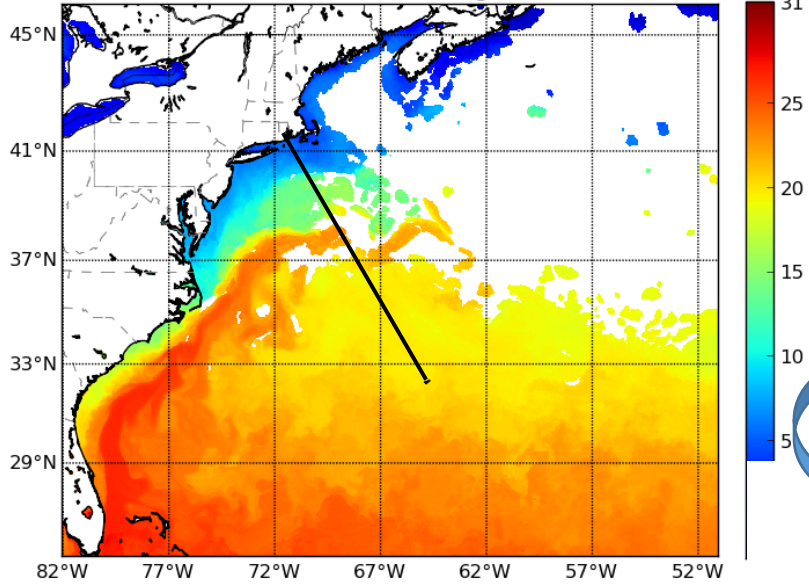
GOES SST 4 Day Most Recent Composite  
in the West Atlantic ending 20250211



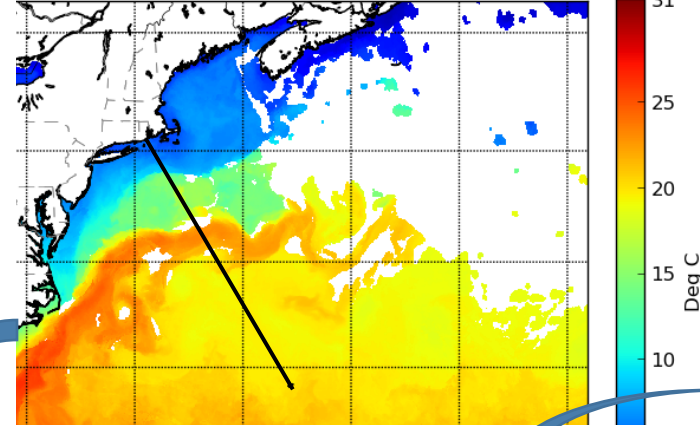
[GOES Satellite-Derived Sea Surface Temperatures](#)



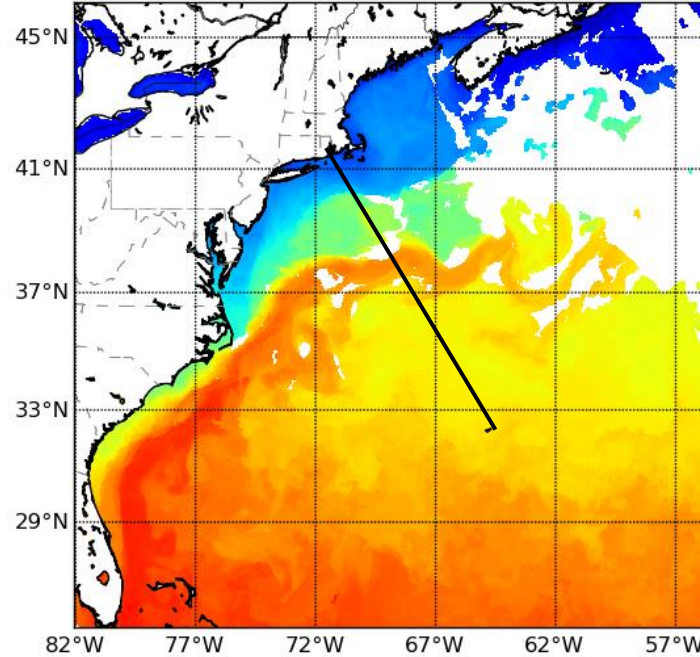
GOES SST 4 Day Most Recent Composite  
in the West Atlantic ending 20230301



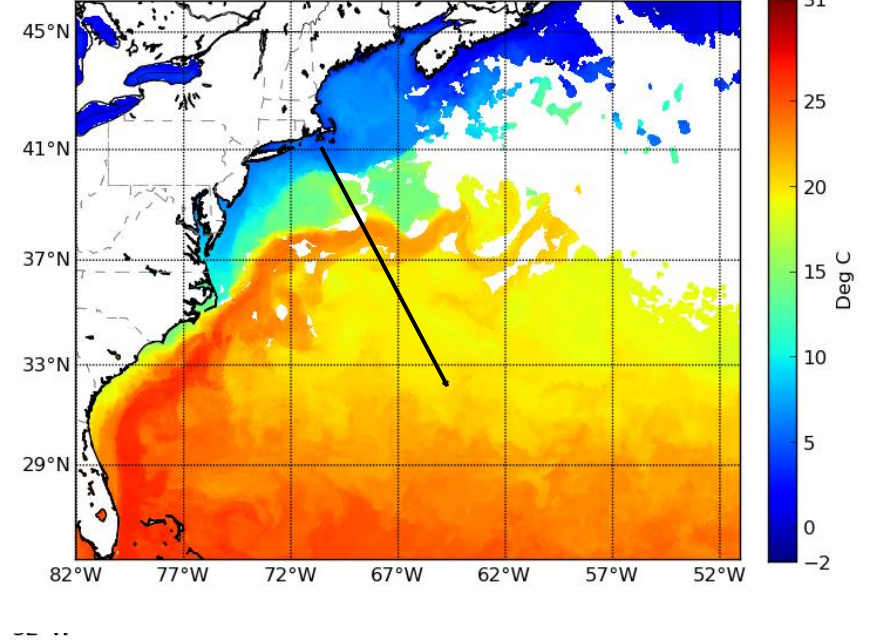
GOES SST 4 Day Most Recent Composite  
in the West Atlantic ending 20230302



GOES SST 4 Day Most Recent Composite  
in the West Atlantic ending 20230303



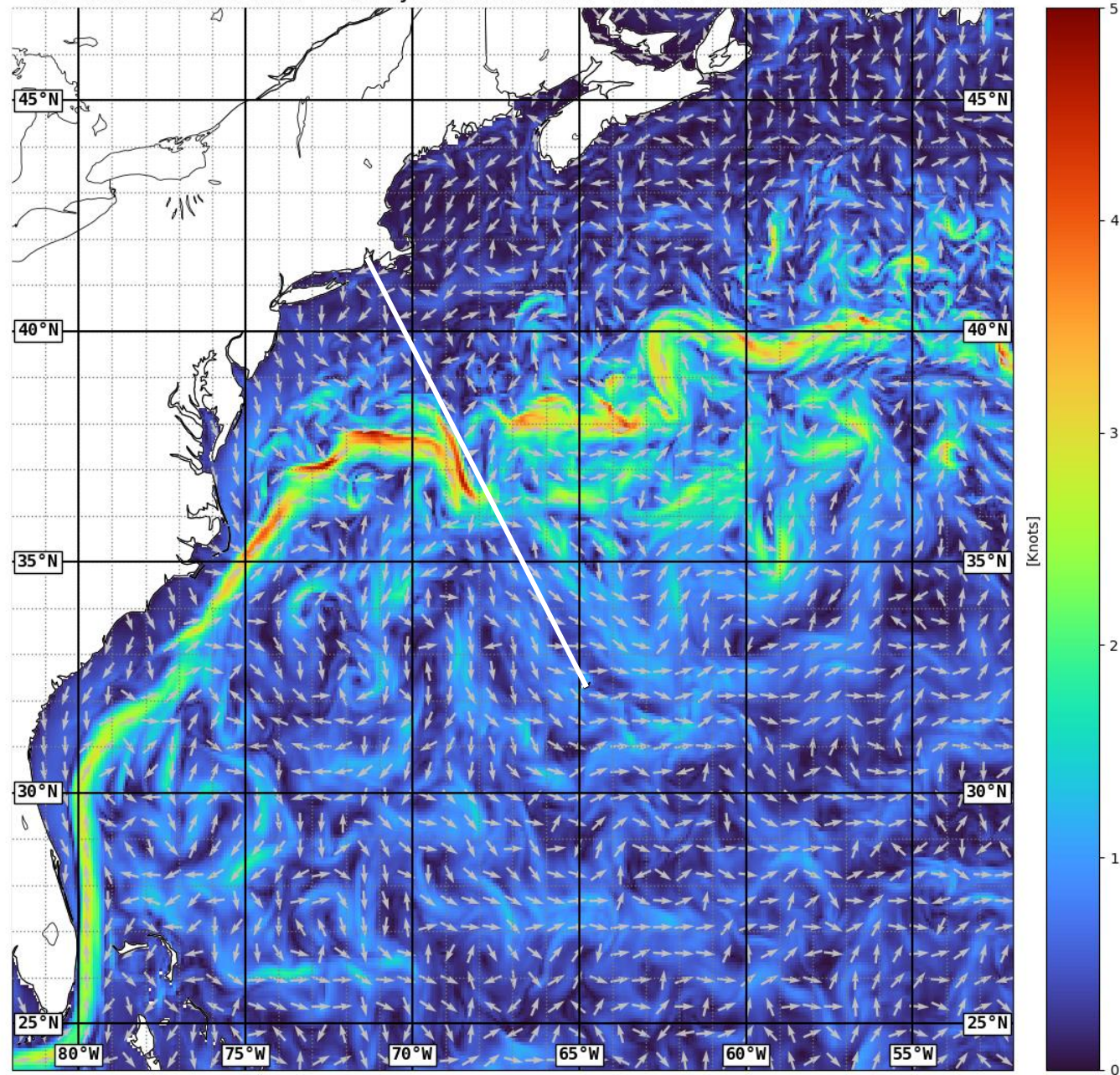
GOES SST 4 Day Most Recent Composite  
in the West Atlantic ending 20230304



## OPC 4 – Day Composite Time Series



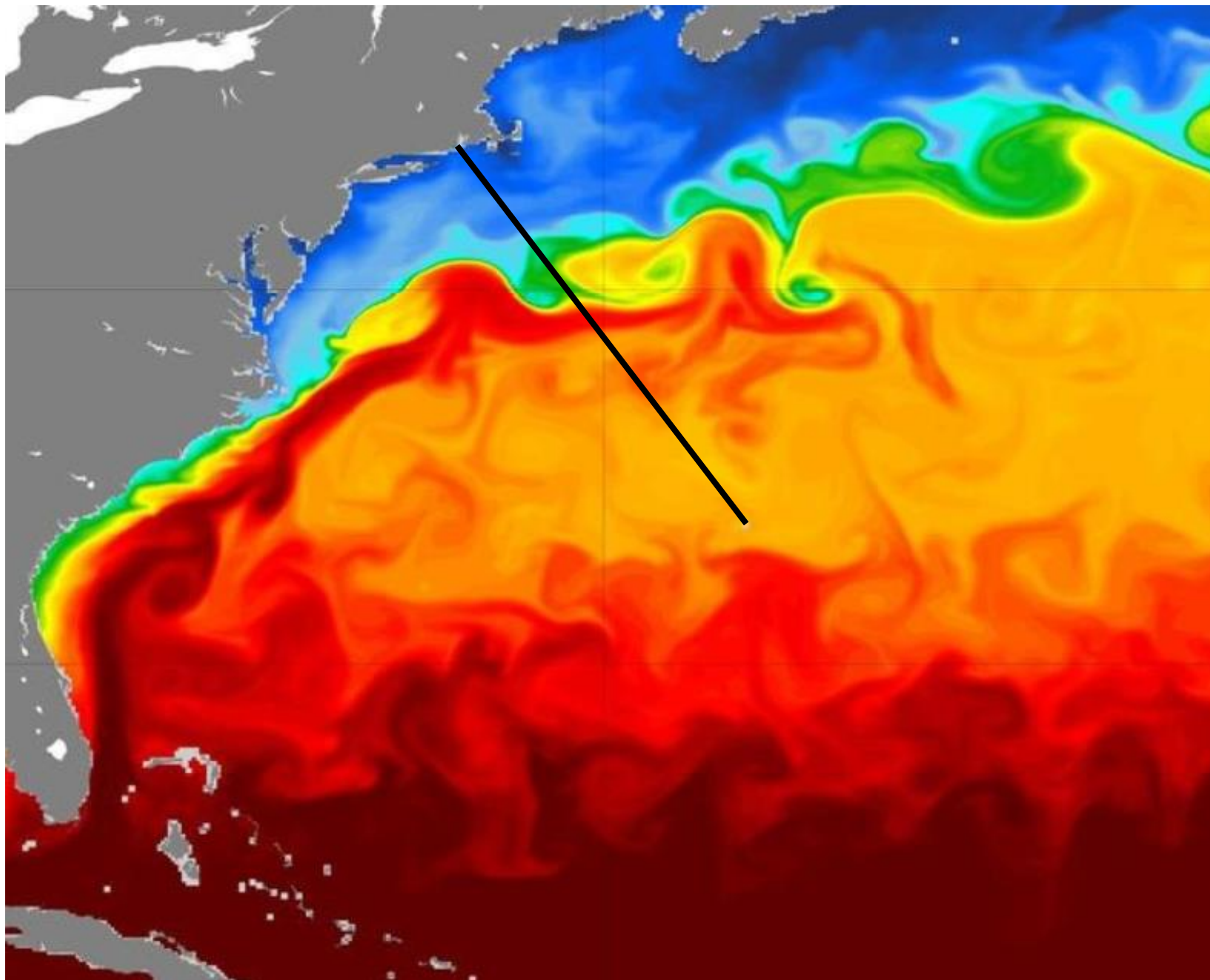
GulfStream GRtofs Currents - Model Cycle: 20250222 00Z - 000 Hour Forecast Valid: 20250222 00Z



<https://ocean.weather.gov>

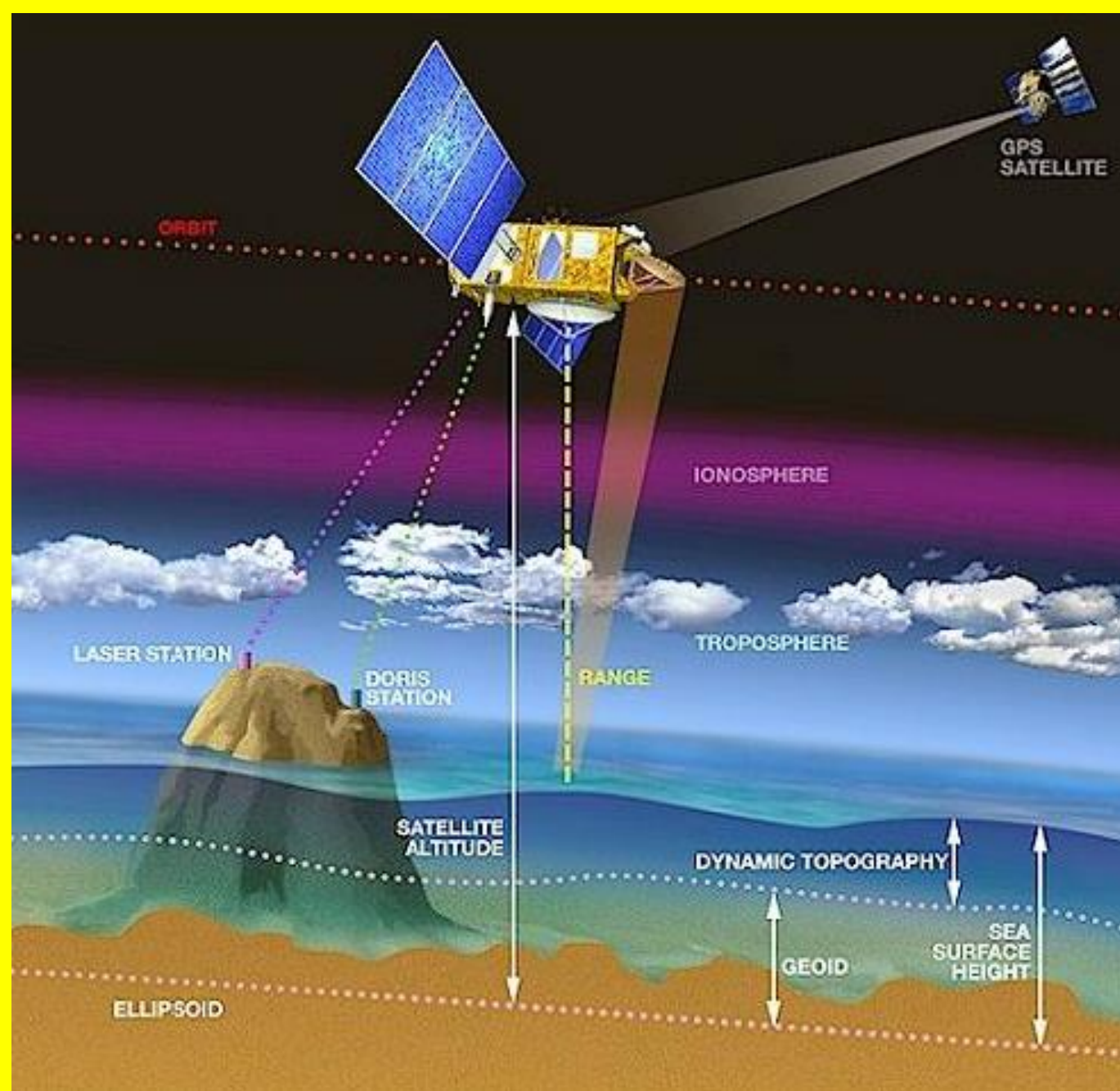
NOAA NWS Ocean Prediction Center

[Global RTOFS High Resolution Oceanic Model](#)



[Daily Global Physical Bulletin at 1/12° - Ocean Forecasts - Mercator Ocean](#)





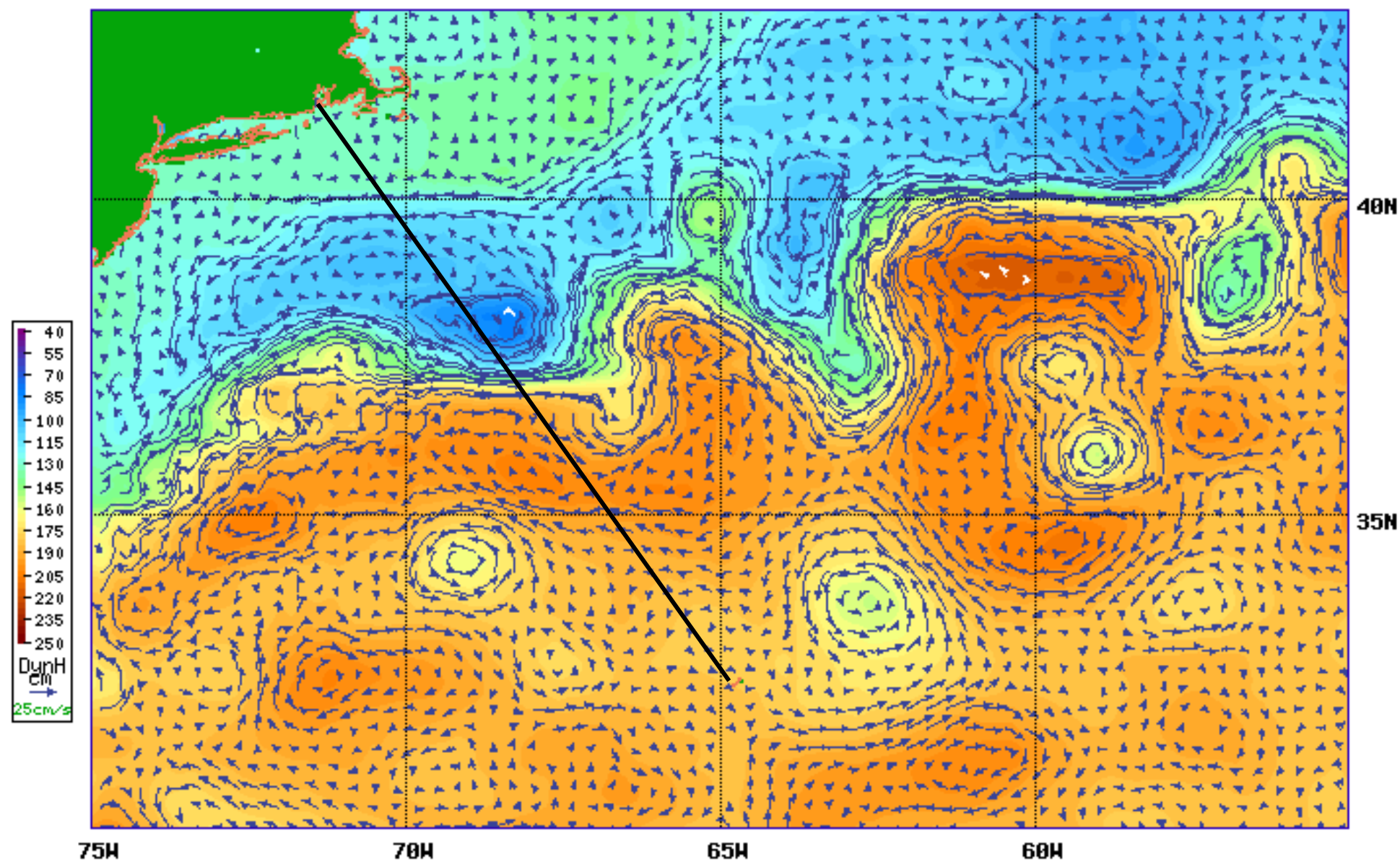
Satellite Altimetry (Geodesy)

FEB-15-2025

CoastWatch NOAA/AOML



Altimeter/GTS Interface



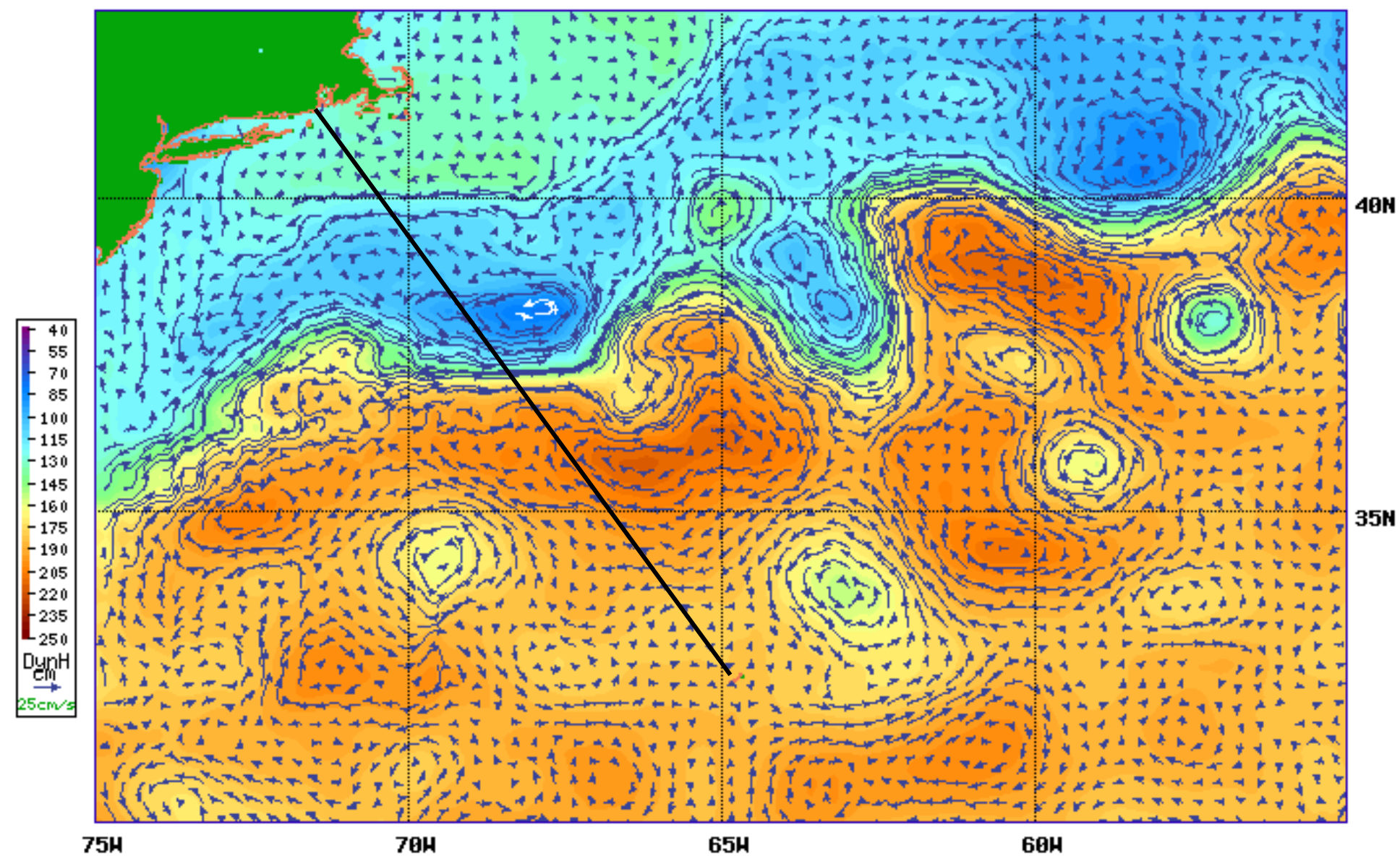


FEB-22-2025

CoastWatch NOAA/AOML



Altimeter/GTS Interface



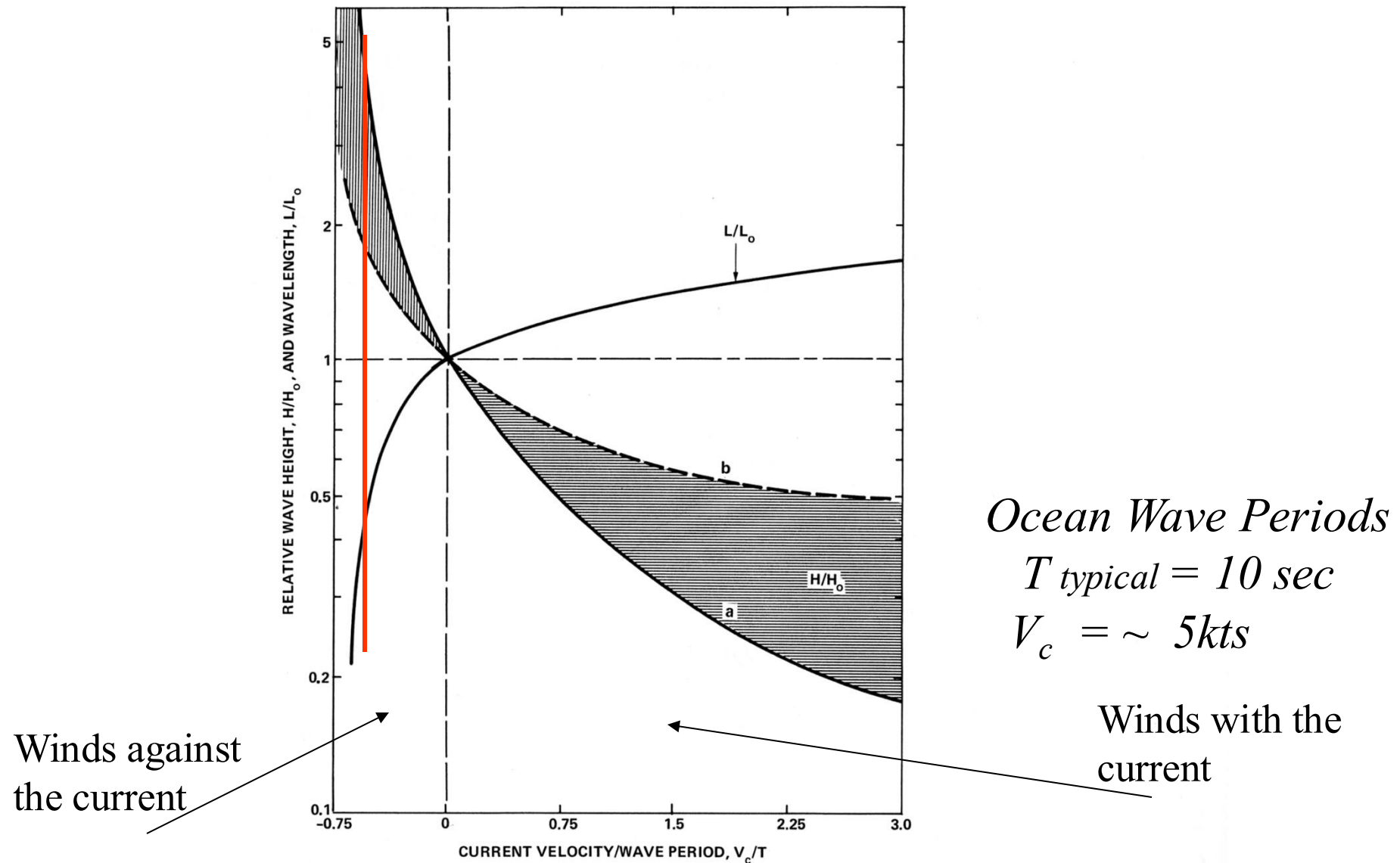


Fig. 87. Influence of contrary (negative) and following (positive) currents of velocity  $V_c$  on relative wave height and wavelength, for waves of period  $T$  seconds. The shaded band gives the range of variation from pure, periodic swell (a) to a random sea (b). No swell can propagate against a current  $V_c > 0.75T$  knots.

Source: van Dorn 1993 Oceanography and Seamanship 2<sup>nd</sup> ed.





# Things to be remembered.....

- Start Study well before the start of the Race  
Navigator/Skipper/Watch Captains  
Communicate in Plain language - “No Riddles”  
Consider - <https://sas.cruisingclub.org/weather/online>
- Weather is the result of air mass collisions
- Geophysical flows (i.e. winds and currents are turbulent and characterized by significant spatial and temporal variability
- Model (MetOC) resolution is limited –both spatial and temporal
- Develop a limited number of favored source of MetOc data and the means to receive them offshore
- Pay attention to Sensory overload



